SAN LUIS VALLEY

FAMILY RESOURCE GUIDE

2015

Helping you find resources and services available to the families you serve.

Early Childhood Council of the San Luis Valley
This resource guide was made possible by the Early Childhood Council of the San Luis Valley, as an expansion of the Human Services Resource Directory developed by La Llave Family Resource Center, Inc. Work was accomplished in conjunction with the Colorado Department of Public Health and Environment. This is not intended to be an exhaustive list of all available services. If you feel a particular service should be included, please contact the Early Childhood Council at 719-937-4010 and we will include the service in our online version found at www.eccslv.org under the Parent Section. Human Resource Directories are still available through La Llave Family Resource Center and you are encouraged to ask for several to give to your families.
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Introduction

Welcome to the San Luis Valley Resource Guide. We are glad you found your way to this resource and hope you will find it both useful and informative. Inside you will find services available to families within the Valley. The San Luis Valley covers the six counties of Alamosa, Conejos, Costilla, Mineral, Rio Grande, and Saguache. Not all services are available to each county, so make sure you check under “Counties” for where a particular service is offered.

Below you will find a brief description of each section and what you may find there.

Section Descriptions

Hotlines
Emergency numbers and important hotlines are listed first in the guide. Parent support, suicide help, teen lines, and poison control are all found here.

Advocacy
Organizations that provide advocacy are typically making the voice for children and families heard at the political level, whether locally, statewide, or federally.

After school, Arts, and Recreation
After school programs are for elementary and/or high school students, some providing several hours of care and others providing shorter homework assistance programs. Recreation centers for all family members will also be found here.

Alcohol and Substance Use Services
Alcohol and substance use services include counseling, detox, and rehabilitation programs, as well as support groups.

Disabilities & Gifted and Talented
Disabilities services, as well as Gifted and Talented services, are for families and children birth-21, assisting with referrals, therapies, and finding services.

Domestic Violence and Sexual Abuse
Domestic and sexual abuse services are for individuals who have been the victim of either type of abuse. They provide counseling, legal support, and other types of support.

Early Learning
Early learning programs vary from financial assistance in child care to finding proper childcare and support. Colorado Preschool Program, Head Start and Early Head Start are listed here, along with other child care programs.
**Educational and Support Services for Youth**
School districts, alternative education, higher education, and adult education are all found here.

**Family Support Services**
Many types of family support are represented, including Women, Infants, and Children (WIC), therapies, and other supportive programs. The Parent Hotline and Colorado Dads Hotline will both be found here.

**Financial and Job Assistance Services**
Services for individuals looking for jobs, as well as financial assistance programs such as the Supplemental Nutrition Assistance Program (SNAP), Low Income Energy Assistance Program (LEAP), and others.

**Food Pantries/Shelters**
Local listing of food pantries, with days and hours when available.

**Health**
Public Health, Medicaid, and other family support programs relating to health.

**Health Providers**
Dentists and Physicians throughout the Valley that see families and young children.

**Home Visitation Services**
Services directed towards families and education, providing services in your home. Most programs are for pregnant women until their children are five.

**Housing**
Housing assistance for low-income families and individuals.

**Legal Services**
Public programs, low income programs, and services for those representing themselves in legal matters.

**Libraries**
All libraries throughout the Valley, story times for young children listed for some.

**Mental Health Services**
Mental health programs and how to receive services.

**Transportation**
Low income services for certain eligible families and taxi services.
The following figures are the 2015 Health and Human Services poverty guidelines. Use these as a guide only, each year the guidelines potentially change. For many of the services in this guide, these guidelines are used to determine eligibility, but may use different percentages. In these cases it is best to contact the provider of the service to ensure the correct number is used.

2015 Poverty Guidelines

<table>
<thead>
<tr>
<th>Persons in Family</th>
<th>Poverty Guidelines</th>
<th>125% of Poverty</th>
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</thead>
<tbody>
<tr>
<td>1</td>
<td>$11,770</td>
<td>$14,712</td>
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<tr>
<td>2</td>
<td>$15,930</td>
<td>$19,912</td>
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<td>3</td>
<td>$20,090</td>
<td>$25,112</td>
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<td>4</td>
<td>$24,250</td>
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<td>5</td>
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<tr>
<td>7</td>
<td>$36,730</td>
<td>$45,912</td>
</tr>
<tr>
<td>8</td>
<td>$40,890</td>
<td>$51,112</td>
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For families/households with more than 8 persons, add $4,160 for each additional person.

## Hotlines

### EMERGENCY AND SUPPORT HOTLINES

#### EMERGENCY ASSISTANCE - Police, Fire, or Ambulance 911

Alamosa Volunteer Search and Rescue  
719-589-5807

**Colorado Child Abuse Hotline:**  
1-844-CO-4-KIDS

**Colorado Dads**  
Goal: Supporting Dads so they can “be there for their kids”.  
Hotline: 1-877-695-7996

**Families First:**  
1-877-695-7996

**Family Support Line:**  
1-610-891-5275

**National Child Abuse Hotline**  
1-800-422-4453

**National Domestic Violence Hotline**  
1-800-799-7233

**Parent to Parent Colorado**  
Goal: Connecting families of sons and daughters with disabilities, special healthcare needs in communities across Colorado.  
Hotline: 1-877-472-7201

**Peak Parent Center**  
Goal: To help families of children with disabilities find access to services and feel supported.  
Hotline: 1-800-284-0251

**Poison Control Center**  
Hotline: 1-800-222-1222

**Pueblo Suicide Help Line:** 719-544-1133
<table>
<thead>
<tr>
<th>EMERGENCY AND SUPPORT HOTLINES</th>
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<tr>
<td><strong>Road Conditions</strong></td>
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<tr>
<td>1-877-315-7623</td>
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<td><strong>Runaway Hotline</strong></td>
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<td>1-800-786-2929</td>
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<tr>
<td><strong>SLV Behavioral Health Group</strong></td>
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<td>24 hour Hotline: 719-589-3671</td>
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<td><strong>Suicide Prevention Line</strong></td>
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<tr>
<td>1-800-273-8255</td>
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<tr>
<td><strong>Teen Help Line</strong></td>
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<tr>
<td>719-564-5566</td>
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<tr>
<td><strong>TU Casa 24 Hour</strong></td>
</tr>
<tr>
<td>Domestic Violence and Sexual Abuse Hotline: 719-589-2465</td>
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</tbody>
</table>
**Advocacy**

**Colorado Children’s Campaign**
*It’s About Kids Network*
Works to create hope and opportunity in Colorado, more than one million kids at a time.
**Services:** Use data and research on child well-being to advocate for policies that improve child health, early childhood experiences, and K-12 education.
**Contact:** 303-839-1580
**Website:** [www.coloradokids.org](http://www.coloradokids.org)

**Family Voices Colorado Hotline**
**Goal:** Making Colorado a better place for children and youth with special health care needs
**Toll Free Hotline:** 1-800-835-5669

**Joint Interagency Oversight Group (IOG)**
(See ISST and Wraparound Services under Family Support Services)
**Goal:** To promote the welfare of children and families through the development of sustainable partnerships that provide integrated, quality services that are individualized, strength-based, family centered, and culturally sensitive.
**Website:** [http://slv1451.org/](http://slv1451.org/)
After School, Arts, and Recreation

Alamosa Family Recreation Center

Services: The Alamosa Parks & Recreation Department strives to enhance the quality of life for youth and adults by providing affordable year-round recreation, leisure, and community activities.

Eligibility: Anyone can be a member

Cost: Check website or call

Hours:
Monday - Thursday 6:00 am-9:00 pm
Friday 6:00 am-6:00 pm
Saturday 7:00 am-3:00 pm
Sunday CLOSED

Contact: 719-589-2105
Address: 2222 Old Sanford Road, Alamosa, Co 81101
Counties: All SLV
Website: http://www.alamosarec.org/

Blanca and Fort Garland Community Center

Services: Swimming pool, weight room, basketball court, and other activities.

Eligibility: Blanca/Fort Garland residents receive discounted entry fee, but all are welcome

Cost:
Residents--$.25 for children/$1 for adults
Non-Residents--$1.25 for children/$2.50 for adults

Rec Center Hours:
Monday-Thursday, 9am-9pm
Friday-Saturday, 11am-2pm
Sunday, 3pm-9pm

Pool Hours:
Monday-Thursday, 12:30-3pm, 3:30-5pm, 6-8:30pm
Friday-Saturday, 11:30-1:30pm
Sunday, 3:30-6pm, 7-8:30pm

Contact: 719-379-3450
Address: 17591 US 160, Blanca, Co 81123
Counties: All SLV
Website: www.bfgcc.org
## AFTER SCHOOL, ARTS, AND RECREATION

### Boys and Girls Club of the San Luis Valley
**Services:** After school care until 7pm, Monday-Friday, full day care when school is out of session, 7:30am-5:30pm. Activities include: homework assistance, tutoring, afternoon snack, cultural arts, technology lab, gym, sports, and prevention classes for healthy lifestyles
**Eligibility:** 6-18 years of age
**Application Process:** Pick up application at B&G club
**Hours:** Monday-Friday, 3pm-7pm, The club has summer hours, call the Club for more information
**Cost:** $5 a month for after school care
**Contact:** 719-589-5252
**Address:** 1115 10th Street, Alamosa, CO 81101
** Counties:** All SLV
**Website:** [http://www.bgcslv.org/](http://www.bgcslv.org/)

### High Valley Community Center
**Services:** After school and Friday programs, Summer arts and recreations, community events
**Eligibility:** Children must be 5 and in kindergarten
**Hours:** Monday-Friday, 10am-7pm (hours vary)
**Contact Number:** 719-657-2172
**County:** Rio Grande
**Website:** [www.HighValleyCommunity.org](http://www.HighValleyCommunity.org)

### Immigrant Resource Center After School Program
**Services:** Homework Assistance
**Eligibility:** All school age children eligible, program held at Tierra Nueva in Alamosa
**Hours:** 5-6pm
**Contact:** Roxanne, 719-587-3225
**Office Address:** 225 6th Street, Alamosa, CO 81101
**Counties Served:** Alamosa
**Note:** The above address is for the office, the program is held at Tierra Nueva, call the office for an up to date location and directions.
**Website:** [http://www.slvirc.org/](http://www.slvirc.org/)
AFTER SCHOOL, ARTS, AND RECREATION

Monte Vista Kids Connection
Services: After school and summer program for children 5-18. Full day summer program includes lunch and afternoon snack, 8 field trips each month, and creative activities. School year after school program with all day Fridays, includes homework club, weekly curriculum of activities, afternoon snack provided, and at least one field trip a month.
Eligibility and Cost: Children qualifying for free or reduced lunch have no fee, only a transportation fee for field trips which has to be paid at City Hall. Children who do not qualify for free/reduced lunch are welcome, $20 a week per child.
Application Process: Come into the center to get an application, requires vaccination records.
Hours: Mon-Thurs after school until 6pm, Fri 7:30am-5:30pm
Contact: Amika at 719-852-6966 OR John at 719-850-0305
Address: 545 2nd Ave, Monte Vista, Co 81144
Business Office Address: 4 Chico Camino Street, Monte Vista, Co 81144
Counties: Rio Grande County

PALS (Positive Activities Lead to Success)
Associated With: La Puente
Services: After school and summer program for children, 5-9. Activities include learning time, creative activities, experiential learning, and field trips
Eligibility: Need Based, referrals only through Adelante, La Puente, Drug Court, DHS, and private counselors
Hours: 9-6pm School Hours, 8-4 during the Summer
Contact: Tim Dellett 719-580-3166 or 719-589-6316
Address: PO Box 1235, Alamosa, Co 81101
Counties: Alamosa
AFTER SCHOOL, ARTS, AND RECREATION

Town of Crestone- Crestone Creative Council
Services: The Crestone Creative Council instills a sense of purpose, confidence & pride in our youth through creative expression, self-reliance and service to community. After-school activities, youth work force, youth council, trips and events. Free full dinner served every Thursday.
Eligibility: Anyone can be a member 12-24 years of age
Cost: Free; work-trade can be arranged for special trips or class fees
Hours:
Tuesday 4:00-7:00pm
Thursday 4:00-8:00pm
Monthly gatherings, special events and trips throughout the year.
Contact: 719-480-5925
Address: Crestone Community Building, 155 N. Cottonwood Road
Crestone, CO 81131
Counties: Saguache
Website: http://www.welcometocrestone.com/?page_id=88
Alcohol and Substance Use

Alcoholics/Narcotics Anonymous
For local meeting times go to:
www.slvaan.org

Ascension Counseling and Transformation
Services: Christ centered alcohol and family counseling, grief and loss counseling
Cost: Sliding Fee Scale
Hours: Monday-Friday, 8am-5pm
Contact: 719-589-6438
Address: 811 Main Street, Alamosa, Co 81101
Counties: All SLV

Crossroads Turning Point
Services: Detox, Outpatient DUI education, substance abuse counseling
Application Process: By appointment for outpatient services, Detox open 24 hours each day
Hours: Monday-Friday, 8am-5pm
Contact: 719-589-5176
Alamosa Address: 2265 Lava Lane, Alamosa, Co 81101
Monte Vista Address: 739 1st Avenue, Monte Vista, Co 81144
Counties: All SLV
Website: www.crossroadstp.org

SLV Behavioral Health Group
(See under Mental Health Services for more detail)
Contact: 719-589-3671 (also the 24 hour emergency services line)
Developmental Screenings and Services

INITIAL SCREENINGS

Child Find
Goal: Identify children with suspected developmental delays, ages 0-21.
Services: BOCES developmental screening and/or professional evaluation. For those with a significant delay in any of the following areas: gross motor, fine motor, cognitive problem solving, social emotional skills, or speech language a connection with free and appropriate services is made.
Eligibility: Must have parental consent. Starting at age 3 the delay also needs to impact education.
Cost: Free with referral, anyone can refer with parental consent
Hours: Monday-Friday, 8am-4:30pm
Contact: 719-589-5851
Counties: All SLV
Website: www.slvboces.org

SUPPORT SERVICES

Blue Peaks
Services: Support in creating an IFSP (individual family support plan), reviewed every six months. Children leave the program by reaching all of their goals; Blue Peaks refers children older than three to BOCES. Contract with Physical Therapist, Speech Therapist, and Occupational Therapist to provide excellent service to families.
Eligibility: At least 25% delay in one area of development, or children who have an established medical condition, anyone can make referral, often through Child Find, 0-3 years old.
Cost: Free
Hours: Monday-Thursday, 7:30am-5:30pm
Contact: 719-589-5135
Address: 703 4th street, Alamosa, Co 81101
Counties: All SLV
Website: www.bluepeaks.org
## SUPPORT SERVICES CONTINUED

**Board of Cooperative Educational Services (BOCES)**  
**Services:** Speech Therapy, Physical Therapy, Occupational Therapy, Hearing and/or Vision for eligible individuals, significant needs support, early childhood special education, IEP (individual education plan) meetings to determine needs. BOCES also works closely in identifying gifted children, especially with school districts. Works as an educational co-op with all 14 school districts in the Valley.  
**Eligibility:** Child Find determined children, ages 0-21.  
**Cost:** Free  
**Hours:** Monday-Friday, 8am-4:30pm  
**Contact:** 719-589-5851  
**Counties:** All SLV  
**Website:** [www.slvboces.org](http://www.slvboces.org)

**Parent to Parent Colorado**  
**Goal:** Connecting Families of sons and daughters with disabilities, or special healthcare needs in communities across Colorado.  
**Hotline:** 1-877-472-7201

**Peak Parent Center**  
**Goal:** To help families of children with disabilities find access to services and feel supported.  
**Hotline:** 1-800-284-0251
Domestic Violence and Sexual Abuse

Child Advocacy Center
Services: Serves children 0-17 who have been victims of sexual assault, severe abuse/neglect, and non-offending caregivers. Forensic interviewing, Sexual Assault Nurse Examiner (SANE) exams, service referrals, limited on site counseling, assistance with Victim's Compensation, Family Advocacy, and Court System Navigation
Eligibility: Referrals must be made by Child Protective Services (CPS) or law enforcement for SANE exams or forensic interviewing, no eligibility for supportive services
Address: 202 Carson Ave, Alamosa, CO 81101
Contact: 719-589-2465
Hours: Monday-Friday 8:30am-4:30pm
Counties: All SLV

Por Ti Misma
(See Legal Services)

Tu Casa
Services: Support and Individualized Counseling for women and their children, Eye Movement Desensitization and Reprocessing (EMDR) therapy, emergency financial assistance, emergency shelter and relocation services, assistance in filing protection orders and divorce paperwork, court accompaniment, and community referrals.
Eligibility: None
Contact and 24 hour hotline: 719-589-2465
Address: 202 Carson Ave, Alamosa, CO 81101
Hours: Monday-Friday 8:30am-4:30pm
Counties: All SLV
COLORADO CHILD CARE ASSISTANCE PROGRAM (CCCAP)

**Services:** Assistance with the cost of child care in centers and licensed homes. Unlicensed homes can be used if approved with added fee, fingerprints, and background check. Families are automatically eligible through TANF. Families must comply with child support, if applicable. Additional paperwork may have to be filled out with applications, local DSS providers can give more detail.

**Application Process:** Applications can be picked up at local Department of Social Services.

**ALAMOSA**
- **Eligibility:** 185% of Federal Poverty Level
- **Proof Needed:** ID for any parent in household, 3 months’ income or work schedule (see application), all children’s birth certificate (original), address verification, chosen child care provider.
- **Contact:** 719-587-5291
- **Address:** 8900-C Independence Way, Alamosa, CO 81101
- **Hours:** Monday-Friday 8:30am-4:30pm, walk-ins in the morning, appointments in the afternoon.
- **Notes:** Turn in application and make an appointment at front desk, if eligible, care can be covered from the date application is turned in.

**CONEJOS**
- **Eligibility:** 225% of Federal Poverty Level
- **Proof Needed:** Income verification, work schedules, ID, child’s birth certificate, and chosen child care provider’s information.
- **Contact:** 719-376-5455
- **Address:** 12989 County Rd. G. 6, Conejos, CO 81129
- **Hours:** Monday-Friday, 8am-12pm, 1pm-4:30pm
CCCAP CONTINUED

COSTILLA
Eligibility: 185% of Federal Poverty Level
Proof Needed: 3 months income, original birth certificate, immunization records, Colorado ID, chosen child care provider.
Contact: 719-672-4131 ext. 3484
Address: 233 Main Street, Suite A, San Luis, CO 81152
Hours: Monday-Thursday, 7am-5:30pm

MINERAL & RIO GRANDE
Eligibility: Families 130% of poverty level.
Proof Needed: Proof of identity, citizenship, residency, income, child support, and work activity.
Contact: 719-657-0109
Address: 1015 6th Street, Del Norte, CO 81132
Hours: Monday-Friday, 8am-4pm

SAGUACHE 2 Locations
Eligibility: 200% of Federal Poverty Level

Center Branch
Contact: 719-754-2308
Address: 400 Worth Street, Center, CO 81125
Hours: Monday, Tuesday, Thursday, 8am-4pm

Saguache Branch
Contact: 719-655-2537
Physical Address: 605 Christy Ave, Saguache, CO 81149
Mailing Address: PO Box 215, Saguache, CO 81149
Hours: Monday-Friday, 8am-4pm

http://earlylearningco.org/ EARLY LEARNING DEVELOPMENT GUIDELINES
http://coloradoshines.force.com/ColoradoShines/website_parents COLORADO SHINES – QUALITY CHILD CARE
COLORADO PRESCHOOL PROGRAM (CPP)

Services: CPP provides free high quality preschool to eligible children, 3-5, through all 14 school districts in the Valley. There is no fee for children who qualify. Children are funded to attend preschool for a minimum of 10 hours per week during the school year. Children must be 3-years-old by June 1 in order to enroll. Pre-K students (4 years old) need one eligibility factor; 3-year-olds need three eligibility factors to be approved.

Counties Served: Contact school district number below for where child will attend, not necessarily district of residence.

Proof of eligibility:
1. Birth Certificate
2. Shot Records
3. Wellness Physical
4. Possibly Child and Family Information Survey Form
5. Possibly Family Income Survey

ALAMOSA
Children’s Garden:
719-937-4654

Gingerbread (Adams State Campus):
719-587-7162

Rocky Mountain SER Head Start:
719-589-9171

CENTENNIAL
Centennial School Front Desk
Contact: 719-672-3322
Hours: Monday-Thursday, 8am - 4:30 pm

CENTER
Haskin Preschool
Contact: 719-754-3982

CREEDE
Creede Early Learning Center
Contact: 719-658-2090

DEL NORTE
Del Norte Head Start
Contact: 719-657-3101
CPP CONTINUED

MOFFAT
Moffat Preschool
Contact: 719-256-4713

MONTE VISTA
Marsh Elementary
Contact: 719-852-3231

MOUNTAIN VALLEY
Mountain Valley Preschool
Contact: 719-655-2578

NORTH CONEJOS
Little Treasures Preschool
Application Process: Student Application at: www.littletreasurespre.com
Contact: Wendy Helms at 274-0102 or littletreasurespreschool@gmail.com

SANFORD
Sanford Preschool
Contact: 719-274-5167

SANGRE DE CRISTO
Contact: 719-378-2381

SARGENT
Sargent Early Learning Center
Contact: 719-852-5214

SIERRA GRANDE
Rocky Mountain SER Head Start Fort Garland
Contact: 719-376-2639

Tiny Hands
Contact: 719-379-2607

SOUTH CONEJOS
Rocky Mountain SER Head Start Conejos
Contact: 719-376-5563
### EARLY CHILDHOOD COUNCIL

**Goal:** A community working together to ensure all children are valued, healthy, and thriving in school and life.  
**Services:** Professional support and training for early childhood educators, community resource referrals for families and professionals, Early Head Start grant holder, Healthy Communities site, and more.  
**Hours:** Monday-Friday, 8am-5pm  
**Contact:** 719-937-4010  
**Address:** 715 Main Street, Alamosa, CO 81101  
**Counties:** All SLV  
**Website:** [www.eccslv.org](http://www.eccslv.org)

### EARLY HEAD START

**Services:** Needs based free child care four days a week with supports in nutrition, health, education, and parenting for eligible families with children pre-birth until 3.  
**Eligibility:** Needs based, following federal poverty guidelines and other needs.  
**Application Process:** Applications are available in the office or by calling.  
**Proof Needed:** Proof of income, birth certificate (or proof of pregnancy), and proof of immunizations is needed to begin the process.  
**Office Hours:** Monday-Friday, 8am-5pm  
**Contact:** 719-937-4010  
**Address:** 715 Main Street, Alamosa, CO, 81101

**Serves the whole SLV at Six Sites:**  
**ALAMOSA:**  
Children’s Garden, Alamosa  
**COSTILLA:**  
Centennial Early Learning Center, San Luis  
* Tiny Hands, Blanca  
**RÍO GRANDE:**  
Sargent Early Learning, Monte Vista  
**SAGUACHE:**  
Center Head Start, Center  
* Haskin Child Care Center, Center
HEAD START

Services: Needs based free child care with supports in nutrition, health, education, parenting, and school readiness for eligible families with children 3-5.
Eligibility: Need is determined through application process, looking at federal poverty level and other risk factors.
Application Process: Contact Office for more information and to receive an application.
Proof Needed: Birth certificate, W2/paycheck stubs, insurance card, immunization records, physical & dental (will be done at enrollment appointment).

Center Head Start
Contact: 719-754-3191
Address: PO Box 1240, Center, CO 81125

Del Norte Head Start
Contact: 719-657-3101
Address: 440 6th Street, Del Norte, 81132

Monte Vista Head Start
Contact: 719-852-3215
Address: 2863 Sherman Ave, Monte Vista, 81144

Rocky Mountain SER Head Start Main Office
Contact: 719-589-9171
Address: 1107 Hunt Ave Alamosa, Co 81101

Rocky Mountain SER Head Start Located in:
- Alamosa
- Blanca/Fort Garland
- Conejos
- San Luis
- Sanford
HEAD START—MIGRANT AND SEASONAL

Services: Services provided through a center based program for ages 6 weeks to 6 years old. Services include: School Readiness, Family Engagement, health, & nutrition. Services are available to children with disabilities. The program is designed specifically for families engaged in migrant and seasonal agricultural work. The program runs mid-June until mid-October.

Eligibility: Need is determined through application process, looking at federal poverty level and agricultural income.

Application Process: Contact Office for more information and to receive an application.

Alamosa Migrant & Seasonal Head Start
Contact: 719-589-8683
Address: 9768 103 S., Alamosa, CO 81101

Center Migrant & Seasonal Head Start
Contact: 719-754-2971
Address: 980 South Broadway, #26, Center, CO 81125
LICENCED CHILD CARE OPTIONS

There are two options for licensed care in the Valley. As a parent, you can choose what care best fits your needs, and your child’s needs. Below there is a short description of each type of care.

**Child Care Centers**
Care is similar to a school setting, with many classrooms and children, generally, divided by age. Child Care Centers and Preschools are licensed and regulated by the Colorado Department of Human Services, Division of Child Care.

**Family Home Child Care Providers**
Care is provided in a home that is not a relative’s and is licensed and regulated by the Colorado Department of Human Services, Division of Child Care.

**REFERRALS AT UNITED WAY 2-1-1**
To find childcare that best meets your needs call United Way 2-1-1 at 1-877-338-2273. The call will take around 15 minutes, is provided at no cost to you, and eases you through the process of finding quality child care. You may also go to [www.qualistar.org](http://www.qualistar.org)

**Becoming a Family Home Child Care Provider**
Call the Early Childhood Council for additional information or if you are interested in becoming a Family Home Child Care provider.
Educational and Support Services for Youth

ALTERNATIVE/ADULT EDUCATION

GOAL Academy
Services: Alternative High School Education
Eligibility: Call to find out eligibility process
Contact: 719-588-3542
Address: 632 Main St, Alamosa, CO 81101
Website: www.goalac.org

North Conejos Schools Alternative Program
Services: Onsite, online, and home schooling options for alternative education. K-12
Application Process: Call for registration forms
Hours: Monday-Friday, 8am-4pm
Contact: Susan Hamilton at 719-274-4220 or 719-580-5864
Address: 17890 US Hwy 285, La Jara, CO 81140
Counties: North Conejos School District

Ombudsman School of Excellence
Services: Alternative public school education for grades 6-12 in Alamosa.
Eligibility: No tuition for Alamosa school district residents, fee for those out of district.
Application Process: Call for details, not guaranteed admission.
Address: 2431 Main Street, Alamosa, CO 81101
Contact: Alamosa School District, 719-587-1600 or 719-937-2112

Outreach Language Project
Services: ESL classes for Adults, occasional civics instruction for exam
Application Process: Contact Roxanne for application and class schedule
Cost: $25
Hours: Monday-Friday, 9am-5pm
Contact: 719-587-3225
Address: 225 6th Street, Suite B, Alamosa, CO 81101
Counties Served: All SLV, classes held in Alamosa

Rocky Mountain Youth Academy
Services: Day treatment education and therapeutic services for children 5-18
Eligibility: Referral made by DHS, probation, SLV Mental Health, BOCES, or local school districts
Application Process: None, as long as a referral is made
Contact: 719-274-4349 OR 719-588-0798
Address: 15357 County Road T, La Jara, CO 81140
Counties: All SLV
# ADULT EDUCATION

**Trinidad State Jr. College- GED**  
**Address:** 1011 Main Street Alamosa CO 81101  
**Contact:** Anna Mae Rael- Lindsay [annamae.rael-lindsay@trinidadstate.edu](mailto:annamae.rael-lindsay@trinidadstate.edu)  
**Phone:** 719-589-7058 Fax: 719-589-7005

**Center School District ARC- GED**  
**Contact:** 719-754-2589

**Byron Syring DELTA Center**  
**Contact:** 719-852-2212
HIGHER EDUCATION

Adams State University
Services: Undergraduate and Graduate degrees, as well as continuing education courses
Application Process: Visit the website or call for an application, after applying the school will consider who may be enrolled.
Hours: Monday-Friday, 8am-5pm
Contact: 719-587-7011
Address: 208 Edgemont Blvd, Alamosa, CO 81101
Website: www.adams.edu

Trinidad State Junior College
Services: Associate of Arts, Associate of Science, and Associate of General Studies, as well as continuing education classes.
Application Process: Call or visit website to receive an application, after applying the school will consider who may be enrolled.
Hours: Monday-Friday, 8am-5pm
Contact: 1-800-621-TSJC or 719-589-7000
Address: 1011 Main Street, Alamosa, CO 81101
Website: www.trinidadstate.edu
## SCHOOL DISTRICTS

**ALAMOSA**  
**Contact:** 719-587-1600  
**Address:** 209 Victoria Ave, Alamosa, CO 81101  
**County Location:** Southern Alamosa County

**CENTENNIAL**  
**Contact:** 719-672-3322  
**Address:** 14644 HWY 159, San Luis, CO 81152  
**Mailing Address:** PO BOX 350, San Luis, CO 81152  
**County Location:** Southern Costilla County

**CENTER**  
**Consolidated Contact:** 719-754-3442  
**High School Contact:** 719-754-2232  
**Middle School Contact:** 719-754-2232  
**Haskin:** 719-754-3982  
**Address:** 550 S. Sylvester Ave, Center, CO 81125  
**County Location:** South Center, Saguache County

**CREEDE**  
**Contact:** 719-658-2220  
**Address:** 308 La Garita Ave, Creede, CO 81130  
**Mailing Address:** PO BOX 429, Creede, CO 81130  
**County Location:** Mineral County

**DEL NORTE**  
**Elementary Contact:** 719-657-4050  
**Middle School Contact:** 719-657-4030  
**High School Contact:** 719-657-4020  
**County Location:** Western Rio Grande County

**MOUNTAIN VALLEY**  
**Contact:** 719-655-2578  
**Address:** 403 Pitkin Street, Saguache, CO 81149  
**County Location:** Central Saguache County

**MOFFAT**  
**Contact:** 719-256-4710  
**Address:** 501 Garfield Ave, Moffat, CO, 81143  
**Mailing Address:** PO Box 428, Moffat, CO, 81143  
**County Location:** Eastern Saguache County
<table>
<thead>
<tr>
<th>Location</th>
<th>Contact</th>
<th>Address</th>
<th>Mailing Address</th>
<th>County Location</th>
</tr>
</thead>
<tbody>
<tr>
<td>MONTE VISTA</td>
<td>719-852-5996</td>
<td>345 East Prospect Ave, Monte Vista, CO, 81144</td>
<td></td>
<td>South Eastern Rio Grande County</td>
</tr>
<tr>
<td>NORTH CONEJOS</td>
<td>719-274-5174</td>
<td>17890 US HWY 285, La Jara, CO 81140</td>
<td>PO Box 72, La Jara, CO 81140</td>
<td>Northern Conejos County</td>
</tr>
<tr>
<td>SANFORD</td>
<td>719-274-5167</td>
<td>755 2nd Street, Sanford, CO, 81151</td>
<td>PO Box 39, Sanford, CO, 81151</td>
<td>Eastern Conejos County</td>
</tr>
<tr>
<td>SANGRE DE CRISTO</td>
<td>719-378-2321</td>
<td>8751 Lane 7 North, Mosca, CO 81146</td>
<td></td>
<td>Northern Alamosa County</td>
</tr>
<tr>
<td>SARGENT</td>
<td>719-852-4024</td>
<td>7090 N. Road 2 E., Monte Vista, CO 81144</td>
<td></td>
<td>North Eastern Rio Grande County</td>
</tr>
<tr>
<td>SIERRA GRANDE</td>
<td>719-379-3259</td>
<td>17523 HWY 160, Blanca, CO 81123</td>
<td></td>
<td>Northern Costilla County</td>
</tr>
<tr>
<td>SOUTH CONEJOS</td>
<td>719-376-5512</td>
<td>620 Pine Street, Antonito, CO 81120</td>
<td>PO Box 398, Antonito, CO 81120</td>
<td>Southern Conejos County</td>
</tr>
</tbody>
</table>
Family Support Services

Alta Art Therapy
Services: Child and Family therapy, Interactional Assessment, Early Childhood Consultation Services, Certified Child and Family Investigator
Cost: Case by case basis
Contact: Carol Chrysler, 719-588-2934

Baby and Me, Tobacco Free
Associated With: Alamosa Public Health
Service: Program for pregnant women who wish to stop smoking
Eligibility: Through referral, either by self or another
Application: Call for more details
Contact: 719-589-6639
County: Alamosa, Rio Grande

Bright by Three
Services: Bright by Three is to provide a bright beginning for all Colorado children by helping families support their children’s physical, emotional, and intellectual development during the critical first three years of life.
Eligibility: Any parent with a child (prenatal to 3 years old)
Application Process: Call for details
Hours: Monday-Friday, 9am-5pm
Contact: 719-589-5161
Address: 128 Market Street, Alamosa, CO 81101
Counties: All SLV
Website http://brightbythree.org/

Center for Restorative Programs
Services: Mediation (peer to peer, parent/teen, truancy-second strike, conflict resolution), Wraparound (see end of section)
Hours: Monday-Friday, 8:30am-5pm
Contact: Luke Yoder or Paula Medina, 719-589-5255
Address: 714 3rd Street, Alamosa, CO
Mailing Address: PO Box 1775, Alamosa, CO 81101
Counties: All SLV
Website: www.restorativeprograms.org
FAMILY SUPPORT SERVICES

Colorado Dads
Goal: Supporting dads so they can “be there for their kids”.
Hotline: 1-877-695-7996

Colorado State Patrol
Services: Car Seat Safety, checking vehicles for proper car seat use/installation.
Eligibility: Anyone
Hours: Call to set up an appointment
Contact: 719-589-5807
Address: 3110 First St, Alamosa, CO 81101
Counties: All SLV

Community Education
Associated With: La Puente, Inc
Services: Educational events for the community, volunteer services for those interested in volunteering for any La Puente Service.
Contact: 719-587-3499
Address: 317 State St, Alamosa, CO 81101

Conejos County Mentoring
Services: Mentoring program teaching life and job skills.
Eligibility: High school students
Application Process: Through referral only
Contact: Steve Fringer, 719-376-5455
Counties: Conejos County

Family Foundations
Services: Family Support Program to minimize risk factors in the home for kids and their parents for a minimum of 6 weeks.
Eligibility: Referral only, through Conejos County Department of Social Services.
Counties: Conejos County

Family First
1-610-891-5275

Family Support Line:
1-877-695-7996
FAMILY SUPPORT SERVICES

ISST - Integrated service coordination for youth and families.
Associated with: IOG (Interagency Oversight Group)
Eligibility: Children, youth, and families in need of service coordination.
Hours: Monday - Friday, 8am-5pm

*Rio Grande County Contact:*
Joseph Green, 719-580-6561

*Conejos County Contact:*
Ruben Graciano, 719-289-6364

*Alamosa County Contact:*
Gail Garcia, 719-580-7710

Counties: Alamosa, Conejos, Rio Grande

**Kids Place**

Services: Therapeutic individual, family, and group work with children and families, including adoptive and kinship care families. Activities supporting education, social skills, character development, and more.
Eligibility: Open to those interested and by referral to those fitting Kids Place program criteria.
Cost: Enrollment of children depends upon participation of caregivers in the Kids Place program.
Hours: various
Contact: Mary Hennessey 719-580-4941 or Mary Susan Eldredge 71-580-5266
Address: 714 3rd Street, Alamosa, CO 81101
Counties: All SLV

**La Gente**

Associated with: BOCES (Board of Cooperative Educational Services)
Services: Family Support Program
Eligibility: Adults with a child 18 and under
Cost: None
Hours: Monday-Friday, 8am-4:30pm
Contact: 719-587-5448
Counties: All SLV
La Llave Family Resource Center, Inc

Services:
- HIPPY & PAT (See under Home Visitation)
- Adult Education
- ESL (English as a Second Language) Classes
- GED Prep
- Incredible Years Parenting Class
- Motheread/Fatheread
- Cooking Matter
- Health Insurance Application Assistance

Eligibility: Call for eligibility requirements for specific programs

Hours: Monday-Friday, 8am-5pm

Contact: 719-589-9688

Address: 801 ½ State Ave, Alamosa, CO 81101

Counties: All SLV

Love and Logic

Associated with: Mental Health

Services: Parenting classes to empower parents to raise and care for the children.

Contact: 719-589-3671

Counties: All SLV

MOPS (Mothers of Preschoolers)

Services: Twice monthly meetings for pregnant women and those with children through kindergarten. Childcare is provided for mothers to focus on relationship building, networking, and speakers. Runs September-May. Twice a year a clothing and accessory swap is held for any moms in the Valley.

Eligibility: Moms, pregnant until children are 5 years old

Application Process: Call or email or stop by Living Water Bible Fellowship

Cost: $70 for the whole calendar year.

Contact: Mandy Pitman alamosamops@gmail.com or ask for Bonnie at 719-589-6351

Address: 2910 Clark Street, Alamosa, CO 81101

Counties: All SLV
McKinney Vento Program
Associated with: BOCES
Services: School supplies, food, clothing, medication, and other cost assistance for students who qualify as “homeless”. Referrals for “homeless” families, as well as an advocate.
Eligibility: Students who lack fixed, regular, and adequate nighttime residence.
Application: Call the number associated with your school district listed below.

Participating School Districts:
Alamosa Contact: 719-587-1600
Centennial Contact: 719-672-3322
Center Contact: 719-754-2232
Creede Contact: 719-658-2220
Del Norte Contact: 719-657-4040
Moffat Contact: 719-256-4710
Monte Vista Contact: 719-852-3586
North Conejos Contact: 719-274-5174
Sanford Contact: 719-274-5167
Sangre de Cristo Contact: 719-378-2321
Sargent Contact: 719-852-4023
Sierra Grande Contact: 719-379-3259
South Conejos Contact: 719-376-5407

Nurturing Parenting
Associated with: San Juan House Counseling Center
Services: Evidence based parenting class, covering five parenting domains. Subjects covered include: Appropriate expectations, empathy, discipline with dignity, appropriate family roles, and power and independence. Thursday nights, parents only, 8 weeks, 6-8pm.
Eligibility: Open to those interested, there is a parent and child combined class available only through referral.
Application Process: Set up an appointment for intake.
Cost: $150 ($30 intake, $15 per week)
Hours: Monday-Friday, 9am-5pm
Contact: 719-588-9768
Address: 309 San Juan Ave, Alamosa, CO 81101
Counties: All SLV
San Juan House Counseling Center
Services: Family preservation, co-parenting, supervision of parental visits, family counseling, and more.
Eligibility: Open to the public
Cost: Determined by consultation and type of service desired.
Hours: Monday–Friday, 9am–5pm
Contact: 719-589-0202
Address: 309 San Juan Ave, Alamosa, CO 81101
Counties: All SLV

Women, Infants, and Children (WIC)
Services: Provides formula, supplemental food, and nutrition education for eligible pregnant women and children birth to 5.
Eligibility: 185% of Poverty Level—check CDPHE WIC website for current income levels
Application Process: Done in the office on the computer
Proof Needed: Must have an official and original item with name, document with current address, and previous month’s paystub for those who work.

ALAMOSA OFFICE
Hours: Monday through Thursday 8am-5pm, closed for lunch 12:30pm-1:30pm; open some Fridays
Contact: 719-589-5860
Address: 128 Market Street, Alamosa, CO 81101
Counties: Serves all SLV

MONTE VISTA OFFICE
Hours: M,T,R, and some Fridays, 8am-5pm, closed 12:30-1:30pm for lunch
Contact: 719-852-2256
Address: 925 Second Ave., Monte Vista, CO 81144
Located in the Edward M. Kennedy Health Clinic
Counties: Serves all SLV

CENTER OFFICE
Hours: Monday and Wednesday, 8am-5pm, closed from 12:30-1:30pm for lunch
Contact: 719-754-0517
Address: 186 North Hurt Street, Center, CO 81125
Located in the Cesar E. Chavez Family Medical Center
Counties: Serves all SLV
Wraparound  
**Associated with:** Center for Restorative Programs  
**Services:** Assistance navigating resources and accessing those resources for families.  
**Eligibility:** Children, youth, and families involved in two or more systems.  
**Hours:** Monday – Friday, 8am-5pm

*Rio Grande County Contact:*  
Joseph Green, 719-580-6561

*Conejos County Contact:*  
Ruben Graciano, 719-289-6364

*Alamosa County Contact:*  
Gail Garcia, 719-580-7710

**Counties:** Alamosa, Conejos, and Rio Grande
## Financial and Job Assistance Services

**DEPARTMENT OF HUMAN/SOCIAL SERVICES (DSS)**

<table>
<thead>
<tr>
<th>Services:</th>
<th>Medicaid/CHP+ (Child Health Plan Plus) (See under Health Insurance section), Food Stamps/SNAP (Supplemental Nutrition Assistance Program), Colorado Works/TANF (Temporary Assistance for Needy Families), Colorado Child Care Assistance Program (CCCAP) (See under Early Learning), LEAP (Low-Income Energy Assistance Program)</th>
</tr>
</thead>
<tbody>
<tr>
<td>Eligibility:</td>
<td>See each program individually under Health Insurance, Early Learning, or Financial and Job Assistance Programs.</td>
</tr>
<tr>
<td>Application Process:</td>
<td>Contact local DHS/DSS listed below</td>
</tr>
</tbody>
</table>

### ALAMOSA COUNTY:
- **Hours:** Monday-Friday, 8am-4:30pm
- **Contact:** 719-589-2581
- **Address:** 8900-C Independence Way, Alamosa, CO 81101
- **Website:** [www.alamosacounty.org](http://www.alamosacounty.org)

### CONEJOS COUNTY:
- **Hours:** Monday-Friday, 8am-4:30pm
- **Contact:** 719-376-5455
- **Address:** 12989 County Rd. G.6, Conejos, CO 81129
- **Website:** [www.conejoscounty.org](http://www.conejoscounty.org)

### COSTILLA COUNTY:
- **Hours:** Monday-Friday, 7am-5:30pm
- **Contact:** 719-672-4131
- **Address:** 233 Main St, Suite A, San Luis, CO 81152
- **Mailing Address:** PO Box 249, San Luis, CO 81152
- **Website:** [www.costillacounty.co.org](http://www.costillacounty.co.org)

### MINERAL & RIO GRANDE COUNTIES:
- **Hours:** Monday-Friday, 8am-4pm
- **Contact:** 719-657-3381
- **Rio Grande Address:** 1015 6th Street, Del Norte, CO 81132
- **Mailing Address:** P.O. Box 40, Del Norte, CO 81132
- **Website:** [www.riograndecounty.org](http://www.riograndecounty.org)

### SAGUACHE (2 Offices):
- **Saguache Office**
  - **Hours:** Monday-Friday, 8am-4pm
  - **Contact:** 719-655-2537
  - **Address:** 605 Christy Ave, Saguache, CO 81149
  - **Website:** [www.saguachecounty.net](http://www.saguachecounty.net)

- **Center Office**
  - **Hours:** Monday, Tuesday, Thursday, 8am-4pm
  - **Contact:** 719-754-2308
  - **Address:** 400 Worth Street, Center, CO 81125
  - **Website:** [www.saguachecounty.net](http://www.saguachecounty.net)
## DSS JOB/FINANCIAL PROGRAMS

**Colorado Works/TANF (Temporary Assistance for Needy Families)**

**Services:** Focus on self-sufficiency through life skills, financial assistance, goal setting, and barrier identification.

**Eligibility:** Income based, must be a citizen, have children in the household, and pursue child support from absent parents.

**Application Process:** Available at local Department of Social Services or through online PEAK application.

**Proof Needed:** Prior month’s paystub or letter from employer, proof of citizenship (passport, birth certificate, or baptism certificate), proof of children (birth certificates, school attendance, or Dr.’s note if pregnant).

**Contact:** Contact local Social Services listed above.

**Employment First**

**Services:** Focus on job skills, resume building, and goal achievement.

**Eligibility:** Mandatory service for SNAP participants, also available for those who volunteer time.

**Contact:** Call local Social Services above for more information.

**LEAP (Low-Income Energy Assistance Program)**

**Services:** Assistance paying energy bill, seasonally November until April 30th. LEAP will pay directly to energy company, except in the case of woodstoves.

**Eligibility:** Income eligibility, variable, call to find out current level.

**Application Process:** Applications are available at your local Department of Social Services, Online, or at your energy company.

**Proof Needed:** Must have full heating bill, proof of residency, lawful presence for someone in the household, and paystub for 30 days prior.

**Contact:** Contact local Social Services listed above.

**SNAP (Supplemental Nutrition Assistance Program)/Food Stamps**

**Services:** Financial assistance with supplemental groceries.

**Eligibility:** Based on income, citizenship, and residency in Colorado.

**Application Process:** Contact local Social Services for application, or fill out PEAK application online at www.colorado.gov/PEAK

**Proof Needed:** Income, citizenship (birth certificate, passport), and proof of address.

**Contact:** Contact local Social Services listed above.
OTHER JOB ASSISTANCE PROGRAMS

**Colorado Workforce**

**Services:** The Training Advantage (TTA): Operates employment and training programs in partnership with the Colorado Department of Labor & Employment and CO Rural Workforce Consortium. TTA provides services that assist participants in becoming better prepared for and more competitive in seeking and maintaining employment, and in improving their skills and attaining economic self-sufficiency. Locate in the Workforce Centers.

**Alamosa**
- **Contact:** 719-589-5118
- **Address:** 407 State Ave, Suite C, Alamosa, CO 81101
- **Counties:** All SLV

**Monte Vista**
- **Contact:** 719-852-5171
- **Address:** 2079 Sherman Ave, Monte Vista, CO 81144
- **Counties:** All SLV

**Website:** [www.connectingcolorado.com](http://www.connectingcolorado.com)

**Colorado Division of Vocational Rehabilitation**

**Services:** Assistance with Persons with disabilities

**Address:** 305 Murphy Drive Alamosa, CO 81101

**Contact:** 719-589-5158

**RMSER National Farmworker Jobs Program**

**Services:** Assistance to Migrant and Farmworkers

**Address:** 1120 Park Ave Monte Vista CO 81144

**Contact:** 719-852-3162
Food Pantries/Shelters

LA PUENTE

Services:
- Food bank (See Next Page)
- Shelter
- Adelante (See Housing)
- PALS—Positive Activities Lead to Success (See After School, Arts, and Recreation)
- Community education (See Family Support Services)
- Outreach Services (See Financial and Job Assistance Programs)
- Rainbow’s End thrift store
- ReThreads
- Milagros Coffee Shop
- Hunt Ave Boutique
- Support for low-income and homeless individuals and families
- Community gardens
- Referrals
- Energy financial assistance for qualifying individuals
- And more

Contact: 719-589-5909
Address: 913 State Ave, Alamosa, CO 81101
Counties: All
Website: www.lapuente.net

OUTREACH SERVICES
Associated with: La Puente
Services: When funds are available, we provide rental assistance, medical assistance, energy assistance, as well as crisis intervention.
Eligibility: Depends on which type of assistance the client requests
Proof of Eligibility: Need to always bring some type of identification and proof of income, and a bill if applicable.
Hours:
Monday, Tuesday, Wednesday, Friday 9am-12pm; 1pm-4pm;
Thursdays from 10am-12pm; 1pm-4pm (Hours vary, call to verify current hours)
Contact number: 719-587-3781
Address: 929 State Ave., Alamosa, CO 81101
FOOD BANKS/SHELTERS

Food Bank Network of the San Luis Valley
Associated With: La Puente
Contact Local Food Banks Listed Below

Alamosa
Contact: 719-589-4567
Address: 513 6th Street, Alamosa, CO 81101
Hours: Monday-Friday, 12pm-4pm

Antonito
Contact: 719-589-4567
Address: Our Lady of Guadalupe Parish, 305 West 8th Ave, Antonito, CO 81120
Hours: Fridays, 12pm-3pm

Blanca/Ft Garland
Contact: 719-379-3450
Address: Community Center St, HWY 160, Blanca, CO 81123
Hours: Monday-Thursday, 12pm-5pm

Capulin
Contact: 719-274-5538
Address: 8197 HWY 15, Capulin, CO 81124
Hours: April-October, Fridays at 2pm, November-March, By Appointment Only

Center/Hooper
Contact: 719-589-4567
Address: 400 Worth St, Center, CO 81125
Hours: Fridays, 12pm-4pm

Creede:
Contact: 719-589-4567
Address: Mineral County Health Clinic, 144 Creede St, Creede, CO 81130
Hours: Monday-Friday, 8am-4pm

Crestone
Contact: 719-256-4110
Address: Lot #223, Crestone, CO 81131
Hours: By Appointment Only

Del Norte
Contact: 719-589-4567
Address: Holy Name of Mary Catholic Church, 645 Pine Ave, Del Norte, CO 81132
Hours: Wednesdays, 10am-12pm
FOOD BANK NETWORK OF THE SAN LUIS VALLEY CONTINUED

La Jara
Contact: 719-274-4197
Address: Lady of Our Valley Catholic Church, HWY 285, La Jara 81140
Hours: By Appointment Only

Moffat
Contact: 719-256-4226
Address: Free Spirit Church, HWY 17 & Moffat Way, Moffat, Co 81143
Hours: Tuesdays, 2pm-4pm

Monte Vista
Contact: 719-852-4851
Address: 245 Washington Street, Monte Vista, CO 81144
Hours: Tuesdays and Fridays, 2pm-4pm

Saguache
Contact: 719-655-2533
Address: Saguache County Public Health, 505 3rd St, PO Box 68, Saguache, CO 81149
Hours: Tuesdays, 1pm-2pm

San Luis
Contact: 719-206-2948
Address: Sangre de Cristo Church, 512 Church Place, 21056 CR P 6, San Luis, CO 81152
Hours: Tuesdays and Thursdays, 9am-12pm
Health

PUBLIC HEALTH

**Alamosa County Public Health**

**Services:** Baby and Me Tobacco Free Program (See Family Support Services), Immunizations, Home Health Care Program for Children with Special Needs (HCP), Health Care Program for Children with Special Needs (HCP) Care Coordination and Specialty Clinics, Options for Long Term Care, Breastfeeding support, TB testing, Communicable Disease Investigation, Emergency Preparedness

**Eligibility:** Call for specific information on each program.

**Hours:** Monday-Friday, 8am-4:30pm

**Contact:** 719-589-6639

**Address:** 8900-B Independence Way, Alamosa, CO 81101

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**Conejos County Public Health**

**Services:** Immunizations for uninsured, cash clinic for those without insurance, $40, referrals to HCP (Health Care Program for Children with Special Needs Care) and Child Find, Throat Cultures, TB testing, Special Clinics, Communicable Disease Investigation, Emergency Preparedness, Healthy Communities

**Eligibility:** Call for specific information on each program.

**Hours:** Monday-Friday, 8am-4:30pm

**Contact:** 719-274-4307

**Address:** 19023 S HWY 285, La Jara, CO 81140

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**Costilla County Public Health**

**Services:** TB testing, Special Clinics, Communicable Disease Investigation, Emergency Preparedness, PCP (personal care providers—in home care for those in need), options for long term care, immunizations for children (uninsured, Medicaid and some insurances), Costilla Supplemental Food Program (CSFP), Healthy Communities, CCPP (Costilla County Prevention Partner) dealing with substance abuse prevention, Community Health Worker (CHW) offering free cholesterol screenings and dietary counseling.

**Hours:** Monday-Thursday, 7am-5:30pm

**Contact:** 719-672-3332

**Address:** 233 Main Street, Suite C, San Luis, CO 81152
## PUBLIC HEALTH

### Mineral County Public Health
**Services:** TB testing, Special Clinics, Communicable Disease Investigation, Emergency Preparedness, Immunizations for uninsured children, HCP (Health Care Program for children with special care needs), Medicaid Application Assistance, Medication Assistance Program, Partner with SLV Mental Health, Food Pantry
**Hours:** Monday-Friday, 8am-12pm, 1-4pm
**Contact:** 719-658-2416
**Address:** 802 Rio Grande Ave, Creede, CO 81130

### Rio Grande County Public Health
**Services:** TB testing, Special Clinics, Communicable Disease Investigation, Emergency Preparedness, Healthy Communities
**Hours:** Monday-Friday, 8am-4pm
**Contact:** 719-657-3352
**Address:** 925 6th St, RM 101, Del Norte, CO 81132

### Saguache County Public Health 2 Branches
**Services:** Nurse Family Partnership nurse staffed at location, immunizations for uninsured and children with Medicaid (Saguache county public health), TB testing, Special Clinics, Communicable Disease Investigation, Emergency Preparedness, Healthy Communities

#### Center Office
**Hours:** Monday-Thursday, 8am-4pm, Friday, 8am-12pm
**Contact:** 719-754-2773
**Address:** 220 S Worth, Center, CO 81125

#### Saguache Office
**Hours:** Monday-Friday, 8am-4pm
**Contact:** 719-655-2533 or 719-655-2727
**Address:** 505 3rd Street, Saguache, CO 81149
OTHER HEALTH SERVICES

Consumer Protection (Health Inspection)
Associated with: Colorado Department of Public Health and Environment
Services: Health Inspection of licensed facilities (restaurants, child care centers, etc.).
Hours: Monday-Friday, 9am-5pm
Contact: 719-657-9243

GetHealthySLV.org
Services: Community education on health and activity. Community calendar with local events happening around health and nutrition.
Website: www.gethealthyslv.org

Planned Parenthood
Services: Birth control, general health care, HIV testing, men’s health, morning after pill, pregnancy testing and services, STD testing/treatment and vaccines, women’s health care, early term/non-medical abortions.
Proof Needed: Proof of income and ID
Cost: Dependent on service and income, Medicaid accepted
Hours: Monday and Thursday 9am-5pm, Wednesdays 9am-6pm
Contact: 719-589-4906
Address: 1560 12th Street #7, Alamosa, CO 81101
Counties: All SLV
Notes: Not all services are provided every day, call to find out when desired services are offered

Women’s Resource Center
Hours: Monday-Friday, 2pm-5:30pm
Contact: 719-589-6698
Address: 3211 Main Street Suite E, Alamosa, CO 81101
Counties: All SLV
Website: www.slvwrc.org
Health Care Providers

DENTAL

Dental Services are available throughout the Valley, both providers who work with young children and those focusing on older children and adults. To find local dentists, look in your yellow pages, or go to [www.yellowpages.com](http://www.yellowpages.com).

Cavity Free at Three

**Goal:** Helping Colorado kids be cavity free at three, through education, support, and other services. Getting your child to the dentist at a young age is imperative to proper oral health.

**Website:** [http://www.cavityfreeatthree.org/](http://www.cavityfreeatthree.org/)
### HOSPITALS

**Rio Grande Hospital Clinic**  
**Contact:** 719-657-2418  
**Address:** 0310 C Country Road 14, Del Norte, CO 81132

**San Luis Valley Health Hospital**  
**Contact:** 719-589-2511  
**Address:** 106 Blanca Ave, Alamosa, CO 81101

**Valley –Wide Health Systems, Inc. Convenient Care Community Clinic**  
**Contact:** 719-589-2562  
**Address:** 1311 Main Street, Alamosa, CO 81101

### PRIMARY CARE PHYSICIANS

A variety of family doctors, pediatricians, and obstetrics/gynecology physicians can be found throughout the Valley. Each one takes a variety of insurances. To find a physician that fits your family’s needs, check your local yellow pages or [www.yellowpages.com](http://www.yellowpages.com).
Health Insurance Financial Programs & Assistance

HEALTH INSURANCE FINANCIAL ASSISTANCE PROGRAMS

CHP+ (Child Health Plan Plus)
Services: Health Insurance for children birth through 18. Free for some families, depending on income may have to pay small co-payments and enrollment fees.
Eligibility: Income eligibility. For families who do not qualify for Medicaid, but fit higher income requirements. Contact your local DSS or Healthy Communities provider to find out current income qualifications.
Application Process: PEAK or DSS application.
Contact: Local Healthy Communities Coordinator (contact information later in this section) or DSS (contact information under Financial Assistance section).
Check www.connectforhealthco.com to find the appropriate insurance for you.

Medicaid
Services: Health Insurance for families, including pregnant women.
Eligibility: Income eligibility based on size of household. Qualifications have changed with the implementation of the Affordable Care Act, to find out the most current information go to www.connectforhealthco.com or www.colorado.gov/peak
Application Process: PEAK application or pick up an application at your local DSS
Proof Needed: Citizenship verification and proof of children
Contact: See DSS locations under Financial Assistance section
Note: For assistance filling out applications see the following page, Healthy Communities and La Llave Family Resource Center.
## HEALTH INSURANCE APPLICATION ASSISTANCE

### Healthy Communities
**Services:** Free assistance signing up for Medicaid, CHP+, and SSI disability. Help setting up transportation to doctor’s offices. Information regarding dental, hearing, and vision for toddlers 1+, referrals, Add-A-Baby. Referrals to WIC, Nurse Family Partnership, and other services.

**Eligibility:** Receiving/eligible to receive Medicaid. Based on Federal income requirements.

**Application Process:** None for Healthy Communities, Medicaid process noted under Medicaid.

### ALAMOSA
**Hours:** Monday-Friday, 9am-3pm
**Contact:** Early Childhood Council 719-937-4010 ext. 102
**Address:** 715 Main Street, Alamosa, CO 81101

### COSTILLA/CONEJOS
**Hours:** Monday-Thursday, 7am-5:30pm
**Contact:** 719-672-3449
**Address:** San Luis Public Health

### RIO GRANDE/MINERAL
**Hours:** Monday-Friday, 8am-4pm
**Contact:** 719-657-2296
**Address:** Rio Grande Public Health

### SAGUACHE
**Hours:** Monday-Thursday, 8am-4pm, Fridays 8am-12pm
**Contact:** Gloria Quintana, 719-754-2773 in Center, 719-655-2533 Saguache

### La Llave Family Resource Center, Inc
*(See More Detail Under Family Support Services)*
**Contact:** 719-589-9688
**Address:** 801 State Ave, Alamosa, CO 81101

### Connect for Health Colorado
**Services:** Provide one place to shop for health care
**Website:** [www.connectforhealthco.com](http://www.connectforhealthco.com)
**Contact:** 1-855-752-6749
Home Visitation Services

EARLY STEPS TO SCHOOL SUCCESS (ESSS)

Services: Helping children and their parents be successful in language and literacy with two tracks. Pre-birth until 3 years old involves bi-monthly home visits with literacy focused activities. Three until 5 years involves an organized early learning atmosphere at an early learning center or school.

Eligibility: For the youngest, at risk for school failure, children.

Application Process: Call to set up a meeting with your local coordinator below.

Hours: Monday-Friday, 9am-5pm

ALAMOSA
Office: 719-587-6600 x 6603  Cells: 719-588-4454 OR 719-699-4492

CENTER:
Office: 719-754-2858  Cell: 719-221-0373

DEL NORTE:
Office: 719-657-4040 x 1006  Cell: 719-221-0373

LA JARA:
Office: 719-274-5791 x 3002

MANASSA:
Cell: 719-298-7160

MOFFAT/MOUNTAIN VALLEY:

Moffat Office: 719-256-4710
Mountain Valley Office: 719-655-2579  Cell: 719-221-0437

MONTE VISTA:
Office: 719-852-3231 x 5131  Cell: 719-588-4606

SAN LUIS:
Office: 719-672-3415  Cell: 719-298-7199

SANFORD:
Office: 719-274-5167 x 1045

SOUTH CONEJOS:
Office: 719-376-3109  Cell: 719-298-7123
## HOME VISITATION SERVICES CONTINUED

### HIPPY (Home Instruction for Parents of Preschool Youngsters)
**Associated with:** La Llave Family Resource, Inc  
**Services:** Home visits and group connections for families with children 3-5, focusing on parents being teachers. Science, Math, Literacy, and gross motor skills are a main focus.  
**Eligibility:** Families with children 3, 4, or 5 years old. The program begins at the beginning of the school year.  
**Cost:** Free  
**Hours:** Monday-Friday, 8am-5pm  
**Contact:** 719-589-9688  
**Counties:** Alamosa, Costilla, Saguache

### Nurse Family Partnership (NFP)
**Services:** Home visiting for first time mothers from nurses. Nurses visit on average 2 times each month until the child is 2. They also provide Ages and Stages checkups and HOME checkups. The nurse will provide postpartum assessments.  
**Eligibility:** Must be a first time mom, live in one of the six counties in the SLV, and meet income requirements. Income is determined through mother only, not through household.  
**Application Process:** Can be referred through WIC, but eligibility can be determined with a phone call to the office. Referrals are not automatic eligibility.  
**Proof of Eligibility:** Proof of income and ID are needed  
**Contact:** 719-587-1038  
**Address:** 128 Market Street, Alamosa, CO 81101  
**Counties:** All SLV

### PAT (Parents as Teachers)
**Associated with:** La Llave Family Resource Center, Inc  
**Services:** Home visiting and group connection, parenting skills focus, for pregnant women and their children until their 3rd birthday.  
**Eligibility:** Pregnant women or families with children before their 3rd birthday.  
**Cost:** Free  
**Hours:** Monday-Friday, 8am-5pm  
**Contact:** 719-589-9688  
**Counties:** All SLV, primarily Alamosa, Costilla, and Saguache
Housing

Adelante
Associated With: La Puente
Services: Housing, weekly meeting with case manager, Job training and education, Individual and family counseling, Parenting and life skills classes, Financial management training, Up to two years enrollment in the program
Eligibility: Individuals must be at least 18 years old, must have children under the age of 18, and must be currently without a home.
Application Process: Call the number below. It is VERY important to show up to your appointment a few minutes early.
Hours: Monday-Friday, 8am-5pm
Contact: 719-587-0538
Address: 511 6th St, Alamosa, CO 81101
Counties: Located in Alamosa

Habitat for Humanity-SLV
Services: To fulfill the dream of home ownership for low income, qualifying families. This is a need based program, check the website or call for more information.
Contact: 719-589-8678
Address: 601 State Ave, Alamosa, CO 81101
Website: www.slvhabitat.org

La Puente Shelter
Services: Provides food, shelter, and connection to community resources.
Contact: 719-589-5909
Address: 913 State Ave, Alamosa, CO 81101
Website: www.lapuente.net
Public Housing Authority
Services: Subsidized Housing for eligible families.
Eligibility: Each county will have different income levels of eligibility, call your local Housing Authority to find out if you qualify.

Alamosa
Contact: 719-589-6694
Address: 213 Murphy Drive, Alamosa, CO 81101
Website: http://alamosaha.org/

Antonito
Phone: 719-376-5487
Address: 525 River St, Antonito, CO 81120

Center
Phone: 719-754-2537
Address: 138 S Worth St, Center, CO 81125

Conejos
Contact: 719-274-5417
Address: 501 Richfield, La Jara, CO 81140

Costilla
Phone: 719-672-3379
Address: 915 Pedro St, San Luis, CO 81152

Monte Vista
Contact: 719-852-5505
Address: 551 Monroe St, Monte Vista, CO 81144

Saguache
Contact: 719-655-2804
Address: 630 ½ Pitkin Ave, Saguache, CO 81149

TU Casa (see under Domestic Violence and Sexual Abuse section)
HOUSING CONTINUED

**Community Resources & Housing Development Corp**
**Services:** Provides pathways to housing resources and asset-building opportunities.
**Contact:** Ty Coleman - Director 719-589-1680
**Address:** 1060 West Ave Alamosa CO 81101

**SLV Housing Coalition**
**Services:** Provide safe and affordable housing to low-moderate income community members. The SLVHC addresses the increasing housing needs for the San Luis Valley through three programs that it offers: Down Payment Assistance Program, Home Rehabilitation Program, the Casita de la Luna Apartments and High Valley Manor Apartments
**Address:** 529 Main Street Suite 6 PO Box 592 Alamosa, CO 81101
**Contact:** donna@slvhc.com PH: 719-587-9807 Fax: 719-587-9871
Legal Services

ASSISTANCE WITH LEGAL MATTERS

Immigrant Resource Center
Services: Immigration legal assistance.
Eligibility: Determined through consultation
Application Process: Call to set up an appointment.
Hours: Monday-Friday, 9am-5pm
Contact: 719-587-3225
Address: 225 6th Street, Suite B, Alamosa, CO 81101
Counties: All SLV
Website: http://www.slvirc.org/

Legal Aid
Services: Legal assistance in the following areas of law: Family, Landlord/tenant, Public benefits, protection orders. No guarantee of representation.
Eligibility: Needs based following federal poverty guidelines
Application: Can be found at www.coloradolegalservices.org Must be filled out online, then Legal Aid will contact you for an appointment
Hours: Monday-Friday, 9am-5pm
Contact: 719-589-4993 or 719-852-3131
Counties: All SLV

Por Ti Misma
Services: Legal services for Domestic Violence and Crime victims
Eligibility: Domestic Violence or Crime victim
Application Process: Done through consultation
Contact: Carmen at 719-587-3225
Address: 225 6th Street, Suite B, Alamosa, Co 81101
Counties: All SLV
Website: http://www.slvirc.org/
ASSISTANCE WITH LEGAL MATTERS CONTINUED

Self Help Coordinator
Services: Assistance understanding specific legal matters for those representing themselves in court.
Application: None, call to make an appointment
Contact: Kimberly Cortez 719-589-7652

Thursday Night Bar
Services: Brief (15 minute) consultations on civil legal matters, such as divorce/custody, landlord/tenant, debts, and consumer problems. Documents pertaining to an issue will NOT be discussed. This is on a “first come, first served” basis.
Hours: Second Thursday of the Month, 5:30pm-7pm
Contact: Not Available
Address: Alamosa County Administration, Building A & B, 8900-A Independence Way, Alamosa, CO 81101
Counties: All SLV

Note: There are many excellent private attorneys throughout the Valley specializing in criminal and/or civil cases. If you find yourself in need of an attorney, please look for a local option in the yellow pages or on www.yellowpages.com.
GOVERNMENT LEGAL PROGRAMS

District Attorney David Mahonee’s Office
Services: To uphold public trust in the pursuit of justice and enforcement of the law.
ALAMOSA Office:
Contact: 719-589-3691
Address: 426 San Juan Avenue, Alamosa, Co 81101
RIO GRANDE Office:
Contact: 719-657-3670
Address: 925 6th Street, South Wing, Del Norte, CO 81132
Counties: Alamosa, Conejos, Costilla, Mineral, Rio Grande, Saguache

Probation
Alamosa Courthouse Location
Contact: 719-589-4791
Address: 702 Fourth Street, Alamosa, CO 81101
Rio Grande Courthouse Location
Contact: 719-657-2202
Address: Call for Location
Counties: All SLV
Note: This is for information only and pertains to the head office. If you are on probation, speak with your probation officer regarding the phone number to use and where their office is located.

Public Defender’s Office
Services: Indigent Criminal Defense
Eligibility: Need and Income Based
Proof of Eligibility: Proof of Gross Household income with paystub, social security income, tax return, unemployment, or written proof from employer.
Application: Can be picked up at office or court clerk’s office.
Hours: Monday-Friday 8am-5pm
Contact: 719-589-9615
Counties: All SLV

Sheriffs’ Departments
Alamosa Contact: 719-589-6608
Costilla Contact: 719-672-3302
Rio Grande Contact: 719-657-4000
Conejos Contact: 719-376-5921
Creede Contact: 719-658-2600
Saguache Contact: 719-655-2544
Libraries

Alamosa Public Library
Services: Public access to books, videos, and cd’s with free membership card. Computer and internet access.

STORYTIMES:
9:30am every Friday: Toddler Time, 0-3 years of age
11:00 a.m. every Friday: Storytime, ages 3-6
7pm every 2nd Friday: FAMILY MOVIE NIGHT

Early Literacy Center in children’s area available during regular library hours.

Hours: Monday-Thursday 9am-8pm, Friday-Saturday 9am-5pm, Sunday 1-5pm
Address: 300 Hunt Ave, Alamosa, CO 81101
Contact: 719-589-6592
Website: www.alamosalibrary.org

Baca Grande Public Library
Services: Public access to books, videos, and cd’s with free membership card. Computer and internet access.

Hours: Monday-Friday, 11:30am-5pm Saturday, 10am-2pm
Address: 67487 County Rd T, Crestone, CO 81131
Contact: 719-256-4100

Carnegie Public Library
(Monte Vista and South Fork)
Services: Public access to books, videos, and cd’s with free membership card. Computer and internet access.

MONTE VISTA BRANCH
Hours: Monday, Wednesday, Friday, 10am-5:30pm Tuesday and Thursday, 10am-9pm
Saturday, 10am-4pm
Address: 120 Jefferson St, Monte Vista, CO, 81144
Contact: 719-852-3931

SOUTH FORK BRANCH:
Hours: Monday-Wednesday and Friday, 10am-5pm, Thursday, 10am-9pm, Saturday, 10am-4pm
Address: 0031 Mall Street, South Fork, CO, 81154
South Fork Contact: 719-873-5193
Website: http://www.montevistalibrary.org/
LIBRARIES CONTINUED

Conejos Public Library
Services: Public access to books, videos, and cd’s with free membership card. Computer and internet access.

LA JARA BRANCH
Story Time: Tuesdays, 10am
Hours: Monday, Thursday, 8:30am-4:30pm, Tuesday and Wednesday, 8:30am-7pm, Friday, 8:30am-3:30pm, Saturday, 9:30am-4:30pm
Address: 17703 HWY 285, La Jara, CO 81140
Contact: 719-274-5858

ANTONITO
Hours: Thursday, 12pm-7pm, Friday, 9:30am-4:30pm, Saturday, 9:30am-3:30pm
Address: 220 Main St, Antonito, CO 81120
Contact: 719-376-5904

Costilla County Public Library
Services: Public access to books, videos, and cd’s with free membership card. Computer and internet access.

BLANCA/FT GARLAND
Story Time: During the school year, Mondays, 1-2pm for preschool children
Hours: Monday and Tuesday, 10am-5pm, Wednesdays, 12pm-5pm, Thursdays, 10am-6pm
Address: 2nd floor Blanca-Ft Garland Community Center,
17591 E. HWY 160, Blanca, CO 81123
Contact: 719-379-3945

SAN LUIS BRANCH
Story Time: During the school year, Wednesdays, 10-11am for preschool children
Hours: Monday-Friday, 9:30am-4:30pm
Address: 418 Gasper Street, San Luis, CO 81152
Contact: 719-672-3309
LIBRARIES CONTINUED

**Del Norte Public Library**  
**Services:** Public access to books, videos, and cd’s with free membership card. Computer and internet access.  
**Hours:** Call the number listed  
**Address:** 790 Grand Ave, Del Norte, CO 81132  
**Contact:** 719-657-2633

**Mineral County Regional Library**  
**Services:** Public access to books, videos, and cd’s with free membership card. Computer and internet access.  
**Address:** 380 La Garita Street, Creede, CO, 81130  
**Contact:** 719-658-2313
Behavioral Health Services
SAN LUIS VALLEY BEHAVIORAL HEALTH DEPARTMENT

Services:
- Individual, Family, and Group Counseling, all ages.
- Home visits and nursing home visits when necessary.
- Parenting Classes—Love and Logic.
- Alcohol and opiates rehab and counseling programs
- Domestic violence counseling
- Sexual offender counseling
- Women’s empowerment counseling
- Counseling in schools and Head Starts
- Suicide prevention and outreach
- Prevention and Mentoring (in Alamosa county only, thru DHS)
- Prevention coalition
- Psychiatric services and medication administration

Eligibility: Anyone
Application: Accepts most insurances and Medicaid. Intake will be about 1-1.5 hours, need to bring proof of income and insurance, if applicable.
Cost: On a sliding scale
Hours: Monday–Thursday, 8am–8pm, Friday, 8am–5pm, Saturday, 8am–12pm
Contact: 719-589-3671 (also the 24 hour emergency services line)
Address: 8745 CR 9 South, Alamosa, CO 81101
Counties: All SLV

http://csefel.vanderbilt.edu/resources/family.html SOCIAL EMOTIONAL DEVELOPMENT
# Transportation

**Little Stinker’s Taxi Cab:**  
**Hours:** 7am-2:30am  
**Contact:** 719-589-2500  
**Counties:** All SLV

**Red Willow**  
**Services:** Statewide and Local transportation to medical appointments for those that qualify  
**Eligibility:** Needs based for Medicaid recipients. Transportation not guaranteed based solely on Medicaid status.  
**Application Process:** Initial Call with name, number, date of birth, Medicaid ID #, and Primary Care Physician info. After they contact PCP, they will call back to get address, diagnosis, ambulatory status, and whether an escort will accompany  
**Proof Needed:** Medicaid ID #, Primary Care Physician information  
**Hours:** Monday-Friday, 7am-5pm  
**Contact:** 719-589-5734  
**Counties:** All SLV
Veteran Assistance

Veterans

Veterans Affairs:

Alamosa County
Veterans Affairs Officer
8900-A Independence Way
Alamosa
719-589-1109

Conejos County
Service Officer
12987 County Rd. G6
Conejos County
719-376-6725

Rio Grande County
Veterans Services Home
3749 Sherman Avenue
Monte Vista
719-852-5118

Saguache County
Veterans Office
501 4th Street
Saguache
719-655-2680

Workforce Centers:
Veterans Specialist: Charles Griego 719-589-5118 or 719-846-9221

Adams State University
Veterans and Military Affairs Coordinator
McCurry Hall Commons
Contact: Mathew Martinez 719-587-8452  matthewmartinez@adams.edu

San Luis Valley VA Medical Clinic
Address: 622 Del Sol Drive, Alamosa CO 81101
Contact: 719-587-6800