

## **PYRAMID PLUS APPROACH TRAINING**

REGISTER AT: www.eccslv.org for the form or call MARA at 719-588-1882

COST: \$50 to ECC SLV

https://ucdenver.zoom.us/j/98872567407?from=addon

## **ABOUT THE TRAINER: Mara Hsu**

Mara is currently working with the Rocky Mountain Research Center and partnering with the Early Childhood Council of the San Luis Valley on a public health practice-based core research project designed to reduce the intergenerational transmission of adverse childhood experiences (ACEs) in the San Luis Valley. She believes in all children having a solid social and emotional foundation. Mara enjoys spending time with her husband of 20 years and two adult sons.

**Attendance Policy**: As per effective Jan 2021 guidance of Pyramid Colorado, in extreme circumstances, a participant may miss 2 sessions of class, participant must make up the missed sessions within 6 months of the last training session of the series. To receive a certificate of attendance participant must complete ALL 18 sessions. Participants will need to re-enroll in a new training if they miss more than 2 sessions of the training.

Orientation is mandatory as we will be reviewing the attendance policy as well as other important topics related to the 18 sessions.

**Structure of Training**: The materials are developed so participants will be able to apply strategies and tools in their practice. The presentation will be delivered in a manner that systematically breaks the content into 18 sessions with specific topics and strategies, which provide concrete examples based in a variety of settings (center-based and home).

There will be a 1-hour lunch break along with frequent movement/stretch breaks during the day.

Pyramid Plus Approach Training (delivered by Pyramid Plus Certified Trainer) meets the state requirements for Child Guidance Strategies (ECE 103).

**Targeted Audience**: Early Childhood professionals and others working to improve the social emotional health of children Birth – 5 years; including administrators, coaches, trainers, teachers, Early Childhood Mental Health consultants and specialists, Early Intervention providers, and other health professionals are encouraged to attend.

If your program participates in the COLORADO SHINES QUALITY IMPROVEMENT (CSQI) Program, you may be able to use your QI dollars to pay for this training. Contact your Quality Navigator, Monique Bosch for more information.

**CONTACT**: Mara Hsu 719-588-1882

mara.hsu@cuanschutz.edu



## **Training Schedule:**

Date	Time	Session #
2/6/2024	5:30 – 7:00 pm	ORIENTATION
2/9/2024	8:00 am – 4:00 pm	Sessions 1, 2, 3
2/23/2024	8:00 am – 4:00 pm	Sessions 4, 5
3/1/2024	8:00 am – 4:00 pm	Sessions 6. 7
3/29/2024	8:00 am – 4:00 pm	Sessions 8, 9, 10
4/12/2024	8:00 am – 4:00 pm	Sessions 11,12,13
4/26/2024	8:00 am – 4:00 pm	Sessions 14, 15
5/3/2024	8:00 am – 4:00 pm	Sessions 16, 17
5/10/2024	8:00 am – 4:00 pm	Sessions 17, 18
5/24/2024	8:00 am – 4:00 pm	MAKE UP DAY if needed

## Rocky Mountain Prevention Research Center

colorado school of public health