



April 8, 2024

Valley Courier

FRIDAY, APRIL 5, 2024



The Early Childhood Council of SLV was featured in the Valley Courier on Friday for grant funding that provides free diapers, wipes and creams

Click [here](#) to read the article.

Alamosa County Health Fair

Happy Spring!

Mark your calendar for Alamosa Health Fair Saturday, April 27
8:00 AM-11:00 am at the National Guard Armory.

Hope to see you there!

Please direct questions to Stephanie Duncan, at 719-589-6639
or send an email to skduncan@alamosacounty.org



2024 ALAMOSA COUNTY HEALTH FAIR

BROUGHT TO YOU BY ALAMOSA COUNTY PUBLIC HEALTH DEPT



**SATURDAY, APRIL 27TH 8-11AM
THE NATIONAL GUARD ARMORY
1877 OLD SANFORD ROAD
ALAMOSA, CO 81101**



A VARIETY OF FREE HEALTH SCREENINGS INCLUDING SKIN CHECKS, CHOLESTEROL & CARDIAC RISK WILL BE AVAILABLE!!

LABORATORY SERVICES PROVIDED BY SAN LUIS VALLEY HEALTH PRICES:

BLOOD CHEMISTRY.....	\$40.00
HEMOGLOBIN A1C.....	\$35.00
VITAMIN D.....	\$55.00
COLON CANCER SCREENING KIT.....	\$30.00
COMPLETE BLOOD COUNT(CBC).....	\$30.00
PSA FOR PROSTATE(MEN ONLY).....	\$40.00
VITAMIN B12.....	\$30.00
C-REACTIVE PROTEIN.....	\$25.00
TESTOSTERONE.....	\$50.00
BLOOD TYPE.....	\$30.00
IRON & IRON BINDING.....	\$40.00
HEPATITIS C.....	\$45.00
FERRITIN.....	\$30.00
FT4 (FREE THYROXINE).....	\$30.00



**FASTING IS PREFERRED BUT NOT REQUIRED • RESULTS WILL BE MAILED
CASH, CHECK OR CREDIT CARD ACCEPTED
TO SAVE TIME VISIT WWW.SLVH.ORG/DTC/HEALTHFAIR TO DOWNLOAD FORM**



Child Abuse Risk Factors

A TCI Blog by: Juana Francisco, Forensic Interview/ Family Advocate

Children are the most vulnerable members of our society, relying on adults for protection, care, and guidance as they navigate the complexities of the world. Ensuring the safety and well-being of children is not just a moral imperative, but a fundamental necessity for the healthy functioning of our communities and the advancement of humanity as a whole. It is important to protect children because they represent the future of our society. They are the ones who will inherit the world we leave behind, and it is our responsibility to create an environment that nurtures their potential, fosters their growth, and safeguards their rights.

Children lack the physical, emotional, and cognitive capacities to protect themselves from harm or advocate for their needs effectively. They rely on adults - parents, caregivers, teachers, and society at large - to shield them from the dangers of child abuse, provide them with love and support, and empower them to reach their fullest potential.

Child abuse refers to any act, or failure to act, that results in harm or potential harm to a child. This harm can be physical, emotional, sexual, or neglectful in nature. Child abuse can occur in various settings, including homes, schools, childcare facilities, or within the community. Child abuse involves intentional or neglectful actions by caregivers or other individuals in positions of authority that result in physical, emotional, or psychological harm to the child. Child abuse can manifest in different ways which are the following:

Physical abuse:

Physical abuse involves intentionally causing injury or harm to a child through actions such as hitting, kicking, shaking, burning, or other forms of physical violence. It can result in bruises, broken bones, internal injuries, or even death.

Emotional abuse:

Emotional abuse involves behaviors that damage a child's self-esteem, emotional well-being, and psychological development. This can include verbal abuse, threats, intimidation, rejection, or constant criticism. Emotional abuse can have long-lasting effects on a child's mental health and social functioning.

Sexual abuse:

Sexual abuse involves any sexual activity or exploitation perpetrated against a child, including molestation, rape, incest, exposure to pornography, or online exploitation. It can cause physical injuries, emotional trauma, and long-term psychological damage. Victims of sexual abuse often experience feelings of shame, guilt, and confusion.

Neglect:

Neglect occurs when a caregiver fails to provide for a child's basic needs, including food, shelter, clothing, medical care, education, supervision, and emotional support. It can have serious consequences for a child's health, safety, and overall development.

Child abuse is a serious and widespread problem that can have devastating consequences for victims, families, and communities. It can lead to physical injuries, emotional trauma, developmental delays, academic difficulties, and long-term psychological problems.

THE RISK FACTORS

Child abuse can occur in families from all walks of life, but certain risk factors can increase the likelihood of abuse or neglect. These risk factors can vary widely and may interact in complex ways. It's important to note that having one or more risk factors does not guarantee that a child will be abused, but they can contribute to a higher risk. Here are some common risk factors associated with

child abuse:

Family stress and dysfunction:

High levels of stress within the family, such as financial difficulties, unemployment, marital conflict, substance abuse, or mental health issues, can increase the risk of child abuse. Dysfunctional family dynamics, including poor communication, lack of parental support, or inadequate parenting skills can also contribute to abusive behavior.

Parental history of abuse:

Parents who have experienced abuse or neglect themselves as children may be more likely to perpetrate abuse on their own children. This can be due to a lack of positive parenting role models, unresolved trauma, or difficulty managing stress and emotions.

Substance abuse:

Substance abuse, including alcoholism and drug addiction, can impair a parent's judgment, increase irritability and aggression, and interfere with their ability to provide adequate care for their children. Substance abuse can also contribute to financial instability and family conflict, further increasing the risk of abuse.

Mental health issues:

Parents with untreated mental health disorders, such as depression, anxiety, bipolar disorder, or personality disorders, may struggle to cope with the demands of parenting and may be more prone to abusive behavior. Mental health issues can also interfere with a parent's ability to form secure attachments with their children and provide consistent nurturing care.

Social isolation:

Social isolation, whether due to geographical remoteness, lack of social support networks, or cultural factors can increase the risk of child abuse by limiting access to resources, emotional support, and positive role models. Socially isolated families may also be less likely to seek help or intervention when needed.

Domestic violence:

Children who witness domestic violence between their parents or caregivers are at increased risk of experiencing abuse themselves.

Domestic violence can create an environment of fear, instability, and trauma within the family, contributing to a cycle of violence that can perpetuate across generations.

Child characteristics:

Certain characteristics of the child, such as having a disability or chronic illness, being born prematurely, having challenging behaviors, or being perceived as different or unwanted by the parent may increase their vulnerability to abuse.

Environmental factors:

Environmental factors, such as poverty, inadequate housing, neighborhood violence, or exposure to community violence, can increase stress levels within the family and exacerbate other risk factors for child abuse.

Protecting children is not just about shielding them from physical harm; it also entails safeguarding their emotional well-being, ensuring they have access to quality education, healthcare, and opportunities for healthy development. When children are protected and nurtured, they are more likely to grow into confident, compassionate, and productive members of society, capable of contributing positively to their communities and the world at large. Acts of abuse not only undermine the child's physical and mental well-being but also violate their fundamental rights to safety, security, and dignity. Addressing and preventing child abuse is essential to safeguarding the welfare and future of our children, fostering healthy development, and building resilient communities.

It's important to recognize that child abuse is a complex issue influenced by multiple factors; interventions aimed at preventing abuse should address both individual and systemic risk factors. Providing support and resources to families experiencing stress or hardship, promoting positive parenting practices, increasing access to mental health services, and fostering strong social support networks can help mitigate the risk of child abuse and create safer, healthier environments for children to grow and thrive.

Early detection and intervention are crucial to protecting children from abuse and providing them with the support they need to heal and thrive. Reporting suspicions of child abuse to the appropriate

authorities is essential in ensuring the safety and well-being of vulnerable children. To report suspected child abuse, contact the Colorado Child Abuse & Neglect Hotline at 844-CO-4-KIDS (844-264-5437).

4 Ways to Prevent Child Abuse and Neglect

1 Invest in your community. Get involved with local organizations, volunteer your time, support local and national legislation that protects children, and advocate for employers to provide family-friendly work environments.

2 Educate children. When children understand they have the right to be safe, they are more likely to report abuse and less likely to blame themselves.

3 Know the signs. Depression, fear or dread of leaving school or an activity, inappropriate sexual behavior, unexplained injuries, sudden changes in mood, eating or sleeping habits, or poor hygiene are often signs of child abuse or neglect.

4 Support prevention. The best way to protect children from abuse and neglect is to recognize risk factors and support proven prevention methods before intervention is necessary. Prevention programs that provide counseling, safe childcare, and family strengthening can help reduce the risk of child abuse and neglect.

SOURCE: dcyf.wa.gov



Seedlings

A new Seedlings Course is starting for Spring 2024 starting Wednesday April 3rd!

Please use the link below to register. The sessions have limited space so first-come first-served basis will be utilized.

Please feel free to reach out with any questions, comments, or concerns to Kathryn or Kristen at 719-937-4010.

Click [here](#) for full size flyer to learn more about Seedlings.



Curriculum heavily grounded in developmental science.

This publication was made possible by grant number 90TP0054. Its contents are solely the responsibility of the authors and do not necessarily represent the official view of the United States Department of Health and Human Services, Administration for Children and Families.

Seedlings

Nurturing the seeds of hope, strength, knowledge and love within us

Seedlings

Nurturing the seeds of hope, strength, knowledge and love within us

Contact your local Seedlings provider

Name
Number



Curriculum

This curriculum is heavily grounded in the developmental sciences. It blends principles derived from:

- developmental neuroscience (how the brain grows and changes beginning with conception).
- What we know about stress and its impact on the brain, the body and on behavior.
- new understandings of how the brain changes when moms and dads become parents.
- research on parenting and how to better support parents in their journey.
- the science of how we change.

Science based

Based on the science, this curriculum strives to be:

- clear and brief.
- helpful for you to identify what you want and how you want to achieve it.
- hands-on: everyone learns best by doing.
- relationship-building and to expand supportive social connections. Supportive connections are protective against adversity.

Program Developer

Seedlings was developed by Dr. Sarah Enos Watamura. She is the Co-Director of the Stress Early Experience & Development Research Center, University COVID Coordinator, and Professor and Chair of the Department of Psychology at the University of Denver.



Parents receive:

- A 10-week, science-based curriculum for parents
- Introduction to the effects of early adversity on development
- 10 self-care/stress management tools
- Multi-modal, hands-on learning
- Support from other parents through cohort-building
- A supportive and judgement-free space to process trauma



UPK Updates

Sign up for Colorado Universal Preschool Program!

Your child can receive up to 15 hours of free preschool per week, ensuring they get the best start in their educational journey.

Don't miss out! The deadline for the first round of matching is fast approaching on April 20th. Click the link below to check your eligibility and access the family enrollment application:

<https://upk.colorado.gov/>

Secure your spot today!

Universal Preschool Quality Standards Announced

Universal Preschool Program Quality Standards were announced last week, in partnership with early childhood stakeholders throughout the state. With input from nearly 700 Colorado families, providers, school districts, early childhood councils, members of the workforce, the Rules Advisory Committee and more, the benchmarks balance 26 national and Colorado-based best-practices with the priorities of the state's early childhood community.

"Our standards are about building bridges, not barriers," said Dr. Lisa Roy, Executive Director of CDEC. "Colorado's Universal Preschool Quality Standards improve quality for all children, and support multiple pathways towards better solutions to challenges across the early childhood sector."

Find out more about the standards by viewing the crosswalk of national best practices, and connect with your local Early Childhood Council today!

****Applications close in one week!****

Spring Bonus for Stabilization/New Provider Success Grant Recipients:

The Colorado Department of Early Childhood (CDEC) is excited to be able to distribute \$17 million in Stabilization funds. These funds need to be spent by September 30, 2024. The use of these funds is the exact same as your Stabilization/New Provider Success payments. Be sure to review the Allowable Uses and the Expense Documentation and Financial Reporting Resources attached to this communication. Please note: These funds may not be used towards the purchase of any single item that exceeds \$5000 and any purchased items must be received by you at your place of business by 9/30/24. Remember that all expense documentation must be retained for a minimum of 3 years after the grant period ends on September 30, 2024. The amount of the bonus will be determined by CDEC. You will be notified by MetrixIQ the amount you can expect to receive before payments are issued at the end of April. In order to receive this bonus, you must complete the application that Metrix IQ sent you on Friday, March 15th. Please check your spam and junk folders. If you did not receive an application, please contact them immediately through this Help Desk. Only completed applications will be considered for this Spring Bonus.

Read full details [here](#).

Family Child Care Home Updates

Invest in Your Business with up to \$5,000 from the Family Child Care Home Facilities Improvement Grant. The application window opens on February 12, 2024, and closes on April 22nd, 2024. Click on the link for more information.

Click [here](#) for full details.

The Boys and Girls Club is hosting our next Esports tournament: Nothing but net!!!

This month's challenge is NBA 2K24! 2pm @ No Limit Arcade!

FREE entry!

Early registration all week at the arcade.

Middle and High Schoolers only!

Winner will receive a hammock camping set up from Kristi's Mountain Sports.

Childcare Resource and Referral (CCRR)

About Colorado Association of Family Child Care Foundation.

The Colorado Association of Family Child Care Foundation has received money from the CIRCLE Grant and the Buell Foundation Grant. The money is designed to mentor and provide training to potential new providers at zero cost to them starting in February. Current licensed providers will also be able to participate in trainings at zero cost. Training classes include: Pre-Licensing, First Aid/CPR, Business class for family child care homes.

For more information, please click on the link.

<https://www.cafccfoundation.org/>

If you need further assistance, please contact Amanda Atencio at ecresource@eccslv.org



COLORADO CHILDREN'S CAMPAIGN

Every Chance for Every Child

Tell Your Legislator You Support Colorado's Careworkers!

Everyone in Colorado relies on care or relies on someone who relies on care – whether it's child care, home health support, or personal care. While the need for care workers continues to

grow, low wages and insufficient benefits have led to a worker shortage and high rates of turnover.

The State Income Tax Credit for Careworkers (HB24-1312) is an opportunity to support eligible care workers by providing a \$1,500 refundable tax credit each year.

Individuals eligible for this credit are employed in the following care professions:

- Licensed Child Care Providers
- Family, Friend, and Neighbor Child Care Providers
- Certified Nursing Assistants
- Home Health Workers
- Personal Care Aides

Child care providers support the healthy development and well-being of kids and help families and communities thrive. HB24-1312 will make a meaningful difference in the lives of these providers and other essential care workers, who are disproportionately women and people of color, and for their families and the families that depend on them. It also builds a foundation for future investments in a society that truly supports caregiving.

HB24-1312 will be heard by the House Finance Committee today. Please tell your legislator to support the State Income Tax Credit for Careworkers and the caring workforce today!

Click [here](#) to give your input!

Early Head Start -

NOW ACCEPTING APPLICATIONS!

Now accepting applications for Early Head Start! Click the link below to complete the interest form.

Click [Here](#) for interest form.



Free Quality Child Care Services!
Birth to 3
Expectant Families and Teen Parents

- Child Care 28+ hours per week
 - Year-Round Program
 - Family Services
 - Education Services
 - Health Services
 - Nutrition Services
 - Disabilities Services
 - Community Resources

Families with children with special needs are encouraged to apply
Military families encouraged to apply
We do not provide daily transportation to & from the center. However, we may be able to provide transportation in certain circumstances in conjunction with other community agencies.

Begin Application Here

Contact us Today!
(719) 937-4010
401 Santa Fe Ave
Alamosa, CO 81101

Service Areas:
Saguache
Costilla
Alamosa
Rio Grande

Coaching - Promoting School Readiness in Infants and Toddler

School Readiness is often thought of as having academic skills and specific subject-based knowledge, like letters and numbers, however when thinking about school readiness for infants and toddlers there is so much more than the ABCs and 123s.

To be successful in school babies first need to be successful in the social and emotional domain.

"Development in the social-emotional domain refers to children's growing ability to experience, regulate, express emotions; form close and secure interpersonal relationships; explore the environment; and learn----- all in the context of family, community and cultural expectations" (ZERO TO THREE Infant Mental Health Task Force, 2001).

Babies are born learners and adults can provide experiences through nurturing relationships that will help develop the skills related to their later school and life success!

- Babies need adults to help them develop **Confidence**.
- Babies need adults to allow them to be **Curious**.
- Babies need adults to help them learn **Self-Control**.
- Babies need adults to be **Intentional** about how they **Relate** to them.
- Babies need adults to help them learn to **Communicate**.
- Babies need adults to help them learn to **Cooperate**.



attitudes necessary for success. Some young children face challenges (poverty, parental unemployment, low birth weight, depression in the family, abuse and neglect, etc.) that make their development vulnerable. We need public policies to focus on the healthy development of babies and toddlers as an essential part of preparing children for success.

1



it's all about Relationships

Babies know their needs will be met when they have healthy relationships with at least one caring adult. That adult may be a parent, a relative, or another caregiver. More than 6 million children under age three spend some or all of their day being cared for by someone other than their parents.

trust, confidence

Everyday experiences shape early learning

For babies, everyday experiences provide opportunities to learn how to operate in the world. In fact, children's academic successes at ages 9 and 10 can be attributed to the amount of words and talk they hear from birth through age 3.



curiosity
communication

3



Emotions

Emotions play a big role in a young child's capacity to learn. Emotions are stored at the core of the brain's architecture, surrounded and integrated with higher level brain functioning.



empathy
resilience
self control

The importance of Play

4

Through play, babies and toddlers explore and make sense of the world around them. Play promotes a love for learning by stimulating and supporting children in their development of skills, concepts, language, communication and concentration.



persistence
creativity
cooperation
problem solving



What a School-Ready Child Looks Like

5

Confident
Empathetic
Collaborative
Proble...

ZERO TO THREE
National Center for Infants, Toddlers, and Families
www.zerotothree.org

Sources

Betty Hart and Todd R. Risley, *Meaningful Differences in the Everyday Experience of Young American Children*. Baltimore, MD: Paul H. Brookes, 1995.

Sandra Petersen, "Approaches to Learning: Supporting Brain Development for School Success." *Zero to Three Journal* 33, no. 1 (2012): 24-27.

Stephanie Powers, "From Research to Practice: Strategies for Promoting School Readiness in Programs Serving Infants & Toddlers." *Journal of ZERO TO THREE: National Center for Infants, Toddlers and Families*, 33, no. 1 (2012): 37-42.

United States Census Bureau. *Who's minding the kids? Child care arrangements*. 2011, <http://www.census.gov/hhes/childcare/data/sipp/2010/tables.html>.

Professional Development

PDIS NEWS Directly from CDEC

The PDIS will be unavailable for planned updates on

Sunday, March 10th, while they change to the new user interface.

PDIS estará inactivo para las actualizaciones planificadas el domingo 10 de marzo, a medida que hagamos la transición a la nueva interfaz de usuario.

New Look Coming March 11th to the PDIS

The Colorado Shines PDIS is getting a new look! Coming March 11, the PDIS will have an updated look and feel. The PDIS team collected feedback and made focused updates to the site. The updates are the three primary areas: 1) a cleaner, more organized menu, 2) a more useful home dashboard, and 3) a more useful learner home. All your information will stay the same, but hopefully it will be easier to find.

We're excited to share this new look with you. The PDIS Help Desk team is holding weekly demos of the new look. [View the schedule of demos](#) and sign up to see a sneak peak!

ESPAÑOL: ¡El PDIS de Colorado Shines está obteniendo una nueva apariencia! A partir del 11 de marzo el PDIS tendrá una apariencia diferente, pero toda su información seguirá siendo la misma. El equipo de PDIS recopiló comentarios e hizo actualizaciones específicas en el sitio. Las actualizaciones son las tres áreas principales: 1) un menú más limpio y organizado, 2) un panel de inicio más útil y 3) un inicio más útil para el alumno.

Estamos emocionados de compartir esta nueva apariencia con usted. El equipo de la mesa de ayuda de PDIS realiza demostraciones semanales de la nueva apariencia. [¡Vea el calendario de demostraciones](#) y regístrese para ver un adelanto!

Directors: A Wealth of New Training, Just For You

We see you, directors, and we see the many, many hats you wear in your role. Which is why we are pleased to announce a set of four new self-paced eLearning courses on the PDIS—the Director's Sequence!

The free courses are available in English and Spanish, and can be taken in any order you find helpful. They are designed with

new directors in mind, although there is plenty in there for those who are considering becoming a director, who have been a director for years, or who hold other administrative and leadership roles. The four courses are:

1. *Director Foundations (2 hours): an introduction to basic business concepts and the role of state licensing in child care programs*
2. *Navigating Early Childhood Systems, Services and Subsidies (1 hour): a toolkit that summarizes information about systems, services and subsidies available to early care and learning programs in Colorado, as well as how they can support building a quality program for staff and families.*
3. *EDI-Focused Leadership in Early Childhood Settings (1.5 hours): This course defines equity, diversity and inclusion (EDI) and why it is important to early childhood programs. It explores being an EDI-focused leader and three ways to build a culture of EDI to benefit staff and families.*
4. *Trauma-Informed Early Childhood Organizations (1.5 hours): This course explains what a trauma-informed organization is and why it is important. It identifies tools and resources to create a trauma-informed organization and explores how staff well-being and self-care are necessary.*

ESPAÑOL: Los vemos a ustedes, directores, y vemos las muchas, muchas funciones que desempeñan en su papel. Es por eso que nos complace anunciar un conjunto de cuatro nuevos cursos de aprendizaje electrónico a su propio ritmo sobre el PDIS: la secuencia del director!

Los cursos gratuitos están disponibles en inglés y español y se pueden tomar en el orden que considere útil. Están diseñados pensando en los nuevos directores, aunque hay muchas opciones para aquellos que están considerando convertirse en directores, que han sido directores durante años o que desempeñan otras funciones administrativas y de liderazgo. Los cuatro cursos son:

1. *Fundamentos del director (2 horas): una introducción a los conceptos básicos de negocios y el papel de las licencias estatales en los programas de cuidado infantil*

2. *Navegar por los sistemas, servicios y subsidios para la primera infancia (1 hora): un conjunto de herramientas que resume información sobre los sistemas, servicios y subsidios disponibles para los programas de cuidado y aprendizaje temprano en Colorado, así como también cómo pueden apoyar la creación de un programa de calidad para el personal y las familias.*
3. *Liderazgo centrado en EDI en la primera infancia (1.5 horas): este curso define la equidad, la diversidad y la inclusión (EDI) y por qué son importantes para los programas de la primera infancia. Explora cómo ser un líder centrado en EDI y tres formas de construir una cultura de EDI en beneficio del personal y las familias.*
4. *Organizaciones de primera infancia informadas sobre el trauma (1.5 horas): este curso explica qué es una organización informada sobre el trauma y por qué es importante. Identifica herramientas y recursos para crear una organización informada sobre el trauma y explora cómo el bienestar y el autocuidado del personal son necesarios.*

Upcoming Professional Development Opportunities!

View [Upcoming Live Virtual and In-Person Training Events](#) to learn about professional development opportunities happening through April. There are many free and low-cost opportunities, including:

- An Introduction to Ages & Stages Questionnaire-3 and Ages & Stages Questionnaire: Social-Emotional-2
- Trauma-Informed Practices
- ONE Step Colorado - Secondhand Smoke and Asthma Training
- Disciplina consciente: comience un aprendizaje socioemocional sólido para bebés y niños pequeños
- Calming Chaos by Promoting Positive Behavior
- Combating Bias in Early Education: From Conversation to

Practice

- Guiding Children's Behavior: It Starts with Us
- Social-Emotional Awareness: Understanding the Impact of Temperament and Emotions
- Gigi's Playhouse Educator Symposium: Teaching Strategies for Individuals with Down Syndrome
- Fostering Inquiry by Scaffolding Curiosity

Program Directors and Professional Development Coordinators: Visit [Colorado Shines PDIS Instructor-Led Training Events Recognized by TAP](#) to view a list of opportunities you may arrange for your program.

ESPAÑOL: Vea [los próximos eventos de capacitación virtuales y presenciales en vivo](#) para conocer las oportunidades de desarrollo profesional que tendrán lugar hasta abril. Directores de programas y coordinadores de desarrollo profesional: visite [los eventos de capacitación dirigidos por instructores de Colorado Shines PDIS reconocidos por TAP](#) para ver una lista de oportunidades que puede organizar para su programa.

ECPC Applications

The Early Childhood Professional Credential is currently maintaining a two-week turnaround on submitted applications. If your credential is expiring within the next 30 days, please consider submitting an application to update your credential. Please note that PDIS 2.0 Early Childhood Professional Credentials will expire on or before June 30, 2024. Your credential expiration date can be found on your PDIS home dashboard. If there is no credential level showing on your dashboard, you do not have an active credential. Please visit [Learn about Credential Offerings](#) to read more.

ESPAÑOL: La Credencial Profesional de Primera Infancia mantiene actualmente un plazo de entrega de dos semanas en las solicitudes presentadas. Si su credencial vence dentro de los próximos 30 días, considere crear y enviar una solicitud para su

revisión. La fecha de vencimiento de su credencial se puede encontrar en el panel de inicio de PDIS. Si no se muestra ningún nivel de credencial en su panel, no tiene una credencial activa. Visite [Más información sobre las ofertas de credenciales](#) para leer más.

Una nota sobre las traducciones al español: pedimos disculpas por las malas traducciones. Estamos trabajando para implementar un servicio de traducción. Los futuros boletines deberían tener un contenido mejor traducido. Gracias por su paciencia.

The Early Childhood Educator Income Tax Credit

The CDEC reported each professional's highest active 2023 Early Childhood Professional Credential (ECPC) to the Colorado Department of Revenue. This income tax credit will also be available for tax years 2024 and 2025. Please see [Colorado Department of Revenue Taxation Division](#) to check your eligibility and find more information.

For free tax filing help, go to [GetAheadColorado.org](#).

ESPAÑOL: Para respaldar el Crédito Fiscal para Profesionales en la Primera Infancia, el CDEC informará la Credencial Profesional en la Primera Infancia (ECPC) más alta de cada profesional que estuvo activa en cualquier momento de 2023 al Departamento de Ingresos de Colorado. Puede encontrar más información sobre este crédito fiscal a través de la [División de Impuestos del Departamento de Ingresos de Colorado](#).

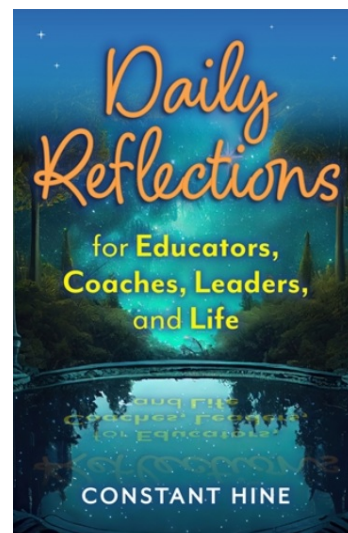
Para obtener ayuda gratuita para la presentación de impuestos, visite [GetAheadColorado.org](#).

Daily Reflections

Available April 15, 2024

Build a practice of daily reflection to transform your teaching and leadership

Coaches, leaders, and all agents of change need to hone their reflective practices to gain self-awareness and make mindful decisions, so that in turn



they can better facilitate reflection with the people they support. Reflection is the best way to bring “sticky” sustainable change. Through reflection, we make intentional choices to achieve the success we desire. Reflection is not an event, not just an activity, but a lifestyle.

This book offers twelve reflective themes for cultivating both personal and professional self-realization and becoming a transformational change agent who helps others do the same. There are 365 entries, one for each day of the year. Each entry features a thought-provoking quotation with a commentary to feed the day’s reflection, followed with a suggestion for reflective practice. Developing a reflective mindset helps us become self-empowered, lifelong problem solvers who create meaningful and fulfilling lives both personally and professionally.



About the Author:

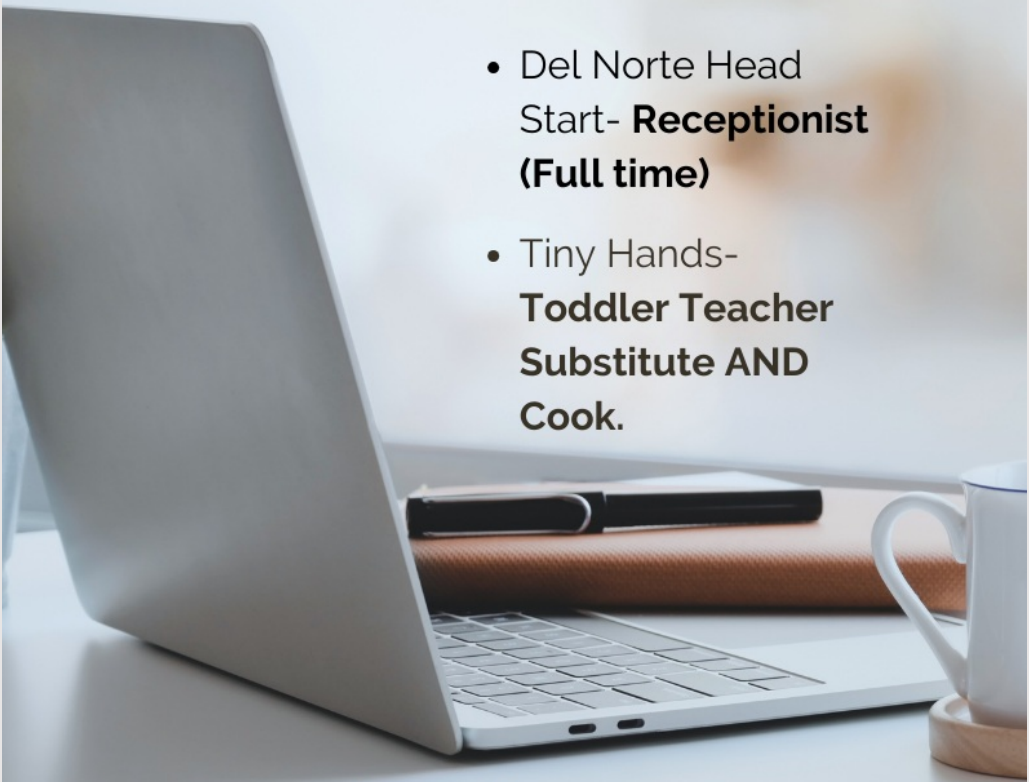
Constant Hine, MA, is an early childhood consultant, trainer, and coach. She specializes in providing dynamic transformation strategies for early childhood professionals. Constant supports teachers, leaders, coaches, and adult educators to create lasting change through authentic engagement, empowered learning, and intentional practices. She hosts the “Coaching Connections”

radio show and presents on the topic of coaching to national audiences. Constant also offers online learning, video conference training, and webinars.

COMMUNITY JOB BOARD!

APPLY NOW! **Open Positions:**

- ECC SLV Board of Directors - **Legal Representative**
- Del Norte Head Start- **Receptionist (Full time)**
- Tiny Hands- **Toddler Teacher Substitute AND Cook.**



For more information:
**SEE DETAILS BELOW WITH
LINKS FOR EACH JOB VACANCY**



CALL FOR APPLICATIONS

The Early Childhood Council of the San Luis Valley Governing Board is seeking a Legal Representative to join the Board of Directors. Qualified applicants must be an attorney at law.

Please email letter of interest and resume to sherri@ecslv.org



Now Hiring Del Norte Head Start-Receptionist (FT)

Rio Grande Child Child Development & Family Services / Del Norte Head Start is currently accepting applications for a full-time Receptionist. Applications can be picked up and dropped off at 440 Sixth Street Del Norte CO 81132. Resumes can be sent to rgcdfs@gmail.com or donnamarie5659@gmail.com. The position will be open until filled.



Tiny Hands Day Care Center, Inc
922 Main St., P.O. Box 272
[Blanca, CO 81123](#)



Tiny Hands Day Care
in Blanca, CO is
seeking to hire a
Toddler Teacher, Substitutes,
and a Cook

For more information contact
Christina Medina @ 719-379-2607



Do you have something you would like to share in our newsletter?

If individuals and organizations in the community want to share relevant information through this email list, ECCSLV will do their best to include the information in the next available e-newsletter.

ECCSLV considers requests based on relevance, capacity, and timeliness. We do not guarantee that all information will be shared.

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