

January 22, 2024



# **UPK Updates**

Happy new year! We are excited for all this year will bring, including the roll out of UPK year 2. There are many great changes in the works, including changes to make the application process smoother for families for the 2024/2025 school year. Dates for open enrolment will be set in the coming weeks, and the LCO team will be happy to share all the new changes as soon as possible.

**Providers, new and returning**; Information about year 2 registration will be coming soon from CDEC so please be on the lookout!

We also have some exciting news! We have added to our team, please help us welcome our new UPK Implementation Specialist!

"Hello! My name is Rita Archuleta, I have been with Early Childhood for 27 years. I have worked in many different capacities in the field. I started off volunteering in my son's class and then asked if I would be interested in a position at the Head Start in which he attended. I started as a teacher assistant and then moved on to a lead teacher while I attended college and received my AA. I then moved on to become a Family Service Coordinator and attended Adams State University and received my BA. I spent time as Assistant Director, a Family Service Worker, and completed a Coaching position as well during the last 27 years. I feel that the different positions have helped me to better understand and grow in the Early Childhood field. As we all know, it is forever changing and I plan to continue to grow and learn. I will be joining the coaching team for the Early Childhood Council as the UPK Implementation Specialist. I'm excited to not only learn but also share my knowledge and experiences."





# Thank you Hoyt Anderson for your donation!

The Early Childhood Council of the San Luis Valley and the Parents as Teachers Program would like to say thank you to Hoyt Anderson at Alamosa Building Supply for making a donation to support our families and children to stay warm this winter. Thank you your donation is very much appreciated.

# Congratulations Sanford Preschool on your Colorado Shines Rating!





# CONGRATULATIONS SANFORD PRESCHOOL





# **Annual Parent Letters**

Annual Parent Letters for school (K-12) and child care for the 2024-25 school year have been updated.

By February 15, per Colorado Board of Health rule 6 CCR 1009-2, schools and child cares are required to directly distribute the Annual Parent Letter to the parent(s) or legal guardian(s) of every enrolled student.

• Schools and child cares are required to include the school's

specific

immunization and exemption rates for the MMR vaccine for the school's

enrolled student population from the prior school year (2022-23).

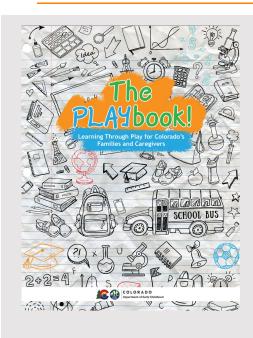
 School and child cares may include the school's specific immunization and

exemption rates for other school-required vaccines for the school's enrolled

student population from the prior school year (2022-23).

• Rates from the 2022-23 school year are located on the Department's public immunization data dashboard.

#### See full detail here



#### Welcome to the PLAYbook:

Toddlers: Children Ages 19–36 Months Old

Growth & Learning - Toddlers are developing independence. They have a stronger sense of self-awareness. They understand that they are separate individuals from their caregivers. They are learning how to consider others' perspectives. More and more, they insist on trying tasks by themselves and exerting control over their environment. They have a growing interest in books, art, toys and other activities.

Explore more by clicking the link below for the full Playbook!

- In English
- En Español

# Early Head Start -

# **NOW ACCEPTING APPLICATIONS!**

Now accepting applications for Early Head Start! Click the link below to complete the interest form.

Click Here for interest form.



Social/Emotional Strategy of the month-Our Rules



# Strategy of the Month

# **OUR RULES**

#### What are classroom rules?

Rules are the guidelines for all child and adult behavior in our center. All of our classrooms follow the same rules- We keep ourselves safe. We keep each other safe. We keep our school safe.

#### How does your child use this strategy?

The rules are posted in each classroom and the children and teachers review these rules each day. They talk about what each means in the context of the activities of the day. They practice defining what "safe" behavior is and is not and what will happen when they do (and don't) follow the rules.

The "THREE SAFES" are open ended rules that are adaptable to all environments and situations. They allow for teachable moments and personal and group responsibility.

Adults phrase their behavioral expectations for children positively. Telling a child WHAT IS expected helps them know how they should act and does not give them any suggestions for the inappropriate behavior. For example: Saying to a child, "use your walking feet" rather than saying, "Don't run!" helps the child know what they should do and does not give them any ideas about the unwanted behavior [we don't want them to think: "running?!? ohhh, that sounds like fun, let's run!"]

#### How does it help support their social-emotional development?

Clearly defining expectations helps children learn how to behave appropriately. Being able to control impulses, regulate ones self, and follow directions supports school readiness and success.

#### How can you try this at home?

Establish a few, simple, positively stated rules for your home and family. Post the rules for all to see. Refer to the rules when you are talking with your child about your expectations for their behavior. Feel free to use and adapt the "Three Safes" with your child at home and in the community, help them understand how you define "safe" in each situation.

Ask your child's teacher more about rules and how you can use this strategy with your own child!

For more information visit www.csefel.vanderbilt.edu

Click here for the activity

Haga clic aquí para la actividad



# Coaching

Play in Early Childhood: The Role of Play in Any Setting
The science of child development points to three core principles
that can guide what society needs to do to help children and
families thrive.

- 1. Supporting responsive relationships
- 2. Strengthening core life skills
- 3. Reducing sources of stress

Play in early childhood is an effective way of supporting all three of these principles. In this video, learn more about how play can foster children's resilience to hardship, and how the complex interactions involved when children play help build their brains.



The ECC SLV EQIT Team would like to give a **HUGE Congratulations** to the following Early Childhood Professionals for completing the Fall 2023 Expanding Quality in Infant Toddler Care Course:

**Carter Farrell** 

Esther Vasquez
Bertha Gutierrez
Raylandie Anderson
Lucille Statum
Beverly Martinez
Megan Gonzalez
Amanda Atencio

#### **Resource and Referral**

The Boy and Girls Club/Alamosa 5th Day Program has several exciting new options available for this Spring 2024 semester that are currently open for registration.

Sign in to the Parent Portal, then browse and choose a program under the Alamosa 5th Day Programming category.

All programs are FREE, but on a first come first serve basis as spots are limited! Sign up today to reserve your spot!

Register Here!



# Are you looking for childcare?

Is your child over two years old? We have family child care home providers who want to hear from you! There are multiple spots available in Rio Grande County. Please contact Amanda Atencio at <a href="mailto:ecresource@ecclsv.org">ecclsv.org</a> for more information.

# **Professional Development**

#### **Scholarships**

\*We still have funds for scholarships, please click on the link below to fill yours out today!

Scholarship Application | Early Childhood Council of SLV (eccslv.org)

\*Here is the link to TEACH CO. Please check into everything they can offer for ECE.

TEACH Colorado | Homepage | TEACH.org

\*ECCLA is currently offering several different scholarships. <a href="https://ecclacolorado.org/scholarshipsandgrants/">https://ecclacolorado.org/scholarshipsandgrants/</a>

\*\*Scroll to the end of article for more ECCLA details\*\*

#### TRAINING OPPORTUNITIES

\*Pyramid Plus Approach will be offered this semester.

#### **ABOUT THE TRAINER:**

Mara Hsu Mara is currently working with the Rocky Mountain Research Center and partnering with the Early Childhood Council of the San Luis Valley on a public health practice-based core research project designed to reduce the intergenerational transmission of adverse childhood experiences (ACEs) in the San Luis Valley. She believes in all children having a solid social and emotional foundation. Mara enjoys spending time with her husband of 20 years and two adult sons.

### Please see the following flyer for information:

https://eccslv.org/wp-content/uploads/2024/01/2024-Pyramid-Training-Flyer-ECC-SLV.pdf

## To register, click here:

https://eccslv.org/wp-content/uploads/2024/01/2024-ECC-SLV-PPA-Registration-Form.pdf

#### \*Upcoming Live Virtual & In-Person Training Events

https://docs.google.com/document/d/1Nm0RGhirJcglkPQDsx85 FvX55QqiTN5HXWlsy-wJ1DY/edit

#### \*Early Childhood Investigations

https://mailchi.mp/earlychildhoodwebinars/newsletter-february-2467069?e=80334fe5c1

#### \*Clayton Early Learning

https://www.claytonearlylearning.org/elevate/elevate-trainingsevents.html

#### **PDIS**

#### PDIS Affidavits:

The Department is excited to announce there is no longer a backlog of ECPC applications. At this time, ECPC applications are reviewed within a two-week timeframe. Effective December 31, 2023, those wishing to use an ECPC for job qualification should now have an active credential certificate available or on file. An application may be submitted through the PDIS. The extension of the ECPC expiration date and the licensing affidavit process will be discontinued.

## Virtual 2024 Pyramid Trainings

We are excited to have an interest in attending a virtual Pyramid Plus Approach Training this semester. Please note the deadline for applications will be 02/02/2024. If you have any questions, you may contact Mara Hsu at 719-588-1882 or email her at mara.hsu@cuanschutz.edu

Click on the buttons below for more information and to access the registration form.

**Registration Form** 

#### \*\*ECCLA Details continued\*\*:



Ø FIND YOUR COUNCIL | 
 Ø SCHOLARSHIPS AND GRANTS | 
 Ø DONATE



Back to Work: Last Day to Apply is January 31, 2024

The Back to Work: Early Childhood Education Scholarship is ending and the last day to apply is January 31, 2024. Are you looking for financial aid to help you finish a degree or certificate in Early Childhood Education? The Back to Work: Early Childhood Education Scholarship is funded by the Colorado Opportunity Scholarship Initiative (COSI) and is intended to help students who have experienced an economic loss due to the COVID-19 pandemic complete an ECE-related undergraduate degree or certificate.

Participants will receive a one-time scholarship award up to \$3,500. Funds can be used to cover a variety of expenses including:

- · Tuition costs and any fees related to admission or enrollment
- · Books and supplies
- Living expenses
- · Student loan fees
- · Child care or other dependent care
- · Costs related to a disability

# COMMUNITY JOB BOARD!

**APPLY NOW!** 

# **Open Positions:**

• ECC SLV Board of Directors- Legal Representative

For more information:
SEE DETAILS BELOW WITH LINKS FOR EACH JOB VACANCY

# **CALL FOR APPLICATIONS**

The Early Childhood Council of the San Luis Valley Governing Board is seeking a Legal Representative to join the Board of Directors.

Qualified applicants must be an attorney at law.

Please email letter of interest and resume to sherri@eccslv.org

#### Do you have something you would like to share in our newsletter?

If individuals and organizations in the community want to share relevant information through this email list, ECCSLV will do their best to include the information in the next available e-newsletter. ECCSLV considers requests based on relevance, capacity, and timeliness. We do not guarantee that all information will be shared.

Stay connected with us!

Subscribe to our newsletter!

#### Click on the social media links below to follow us on all platforms!

We post regularly to our social media accounts regarding events and important last minute information that is usually not included in our bi-weekly newsletters.

Be sure you are subscribed so you don't miss out!









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