



July 29th, 2024



Alamosa Citizen Podcast-Adverse Childhood Experiences

A focused conversation on the Rocky Mountain Prevention Research Center and its work in the San Luis Valley around detecting adverse childhood experiences or ACEs, and strategies for coping and leading positive and constructive lives. Guests are Veronica Sisneros, Jenn Leiferman and Sherri Valdez.

Listen to the podcast episode
here!



Diapers are Missing from the Safety Net. American Families are Paying the Price.

By Elise Anderson

Did you know that infants require up to 12 diapers per day? Did you also know this can cost families anywhere from \$80 to upwards of \$100 per month per baby? For America's poorest families, that translates to roughly 14 percent of their household income. To make matters worse, the cost of diapers has surged. A package of disposable diapers was roughly \$16 in 2019 and now hovers at nearly \$22.

Joanne Samuel Goldblum, founder and CEO at the National Diaper Bank Network, believes most policymakers are focused on "the big picture" to address poverty but often neglect the material basic needs that help families get through the day. She identifies aisles in the middle of most supermarkets stocked with hygiene products, cleaning supplies and toilet paper, most of which can't be purchased via assistance programs, but they can be the difference between economic stability and a descent into poverty. Diapers are not typically on the policy agenda, but they should be.

Click [here](#) for full article.

Covered Wagon Days Vaccine Clinic Event

Please see below for details on the Vaccine Clinic event that will take place over Covered Wagon Days in Del Norte on August 3rd.



Low- and no-cost vaccine clinic

Date: 8/3/24

Time: 12pm-4pm

Location: Simple Foods: 680 Grand Ave
Del Norte, CO 81132

Vaccines available: Covid, Dtap, Hep A, Hep B, Hib, HPV, Polio, Meningitis, MMR, Pneumonia, Rotavirus, Tdap, Varicella



For more information
call: 719-657-3352



LEARN MORE ABOUT COLORADO'S MOBILE PUBLIC HEALTH CLINIC
www.MobilePublicHealth.com



HEALTH FOR ALL

Clínica de vacunas gratuitas y a bajo costo

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Hora: 12pm-4pm

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For more Information
call: 719-657-3352

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UPDATE



COLORADO
Department of Early Childhood

UPK Updates

UPK is now in our direct in enrollment for the remainder of the year starting August 1st! This means families can still submit applications and contact their preferred provider to see about open slots for the 24/25 school year.

We do have available slots across the valley still open! Please visit upk.colorado.gov to submit your application and to find participating providers in your area.

As always please contact [719-214-6202](tel:719-214-6202) for additional information and support with the application.

Exciting grant opportunity!

This grant provides a stipend to the selected preschool pilot sites and the participating Child Care Health Consultants (CCHC).

Co-Design Team Participation Overview

Project Overview

[Assuring Better Child Health and Development \(ABCD\)](#) and [Healthy Child Care Colorado \(HCCC\)](#) are partnering to lead a two-year grant project funded by the [Delta Dental of Colorado Foundation \(DDCOF\)](#). The project will integrate oral health education and activities as well as screenings and referral in

Colorado's Universal Preschool Program (UPP) sites, and also build community capacity to support sites in preparing to meet the new UPP Healthy Development Quality Standards (8-CCR 1401-1-4.112). [Child Care Health Consultants \(CCHCs\)](#), which are required by licensing for every child care center, will play a critical role in the implementation of oral health education, screening, and referral. Six [Local Coordinating Organizations \(LCOs\)](#) serving 11 counties were selected to participate in this project:

- Denver Preschool Program in partnership with Denver's Early Childhood Council
- Joint Initiatives for Children
- United Way of Weld County
- Early Learning Ventures
- Early Childhood Council of San Luis Valley
- ECHO & Family Center Early Childhood Council

LCOs partner with Co-Design Teams, UPP (Universal Preschool Program) Sites, and CCHCs in their community to support the rollout of the new UPP Healthy Development Quality Standards (8-CCR 1401-1-4.112) at the local level.

Continued [here](#)

Childcare Resource and Referral (CCRR)

About Colorado Association of Family Child Care Foundation.

The Colorado Association of Family Child Care Foundation has received money from the CIRCLE Grant and the Buell Foundation Grant. The money is designed to mentor and provide training to potential new providers at zero cost to them starting in February. Current licensed providers will also be able to participate in trainings at zero cost. Training classes include: Pre-Licensing, First Aid/CPR, Business class for family child care homes.

For more information, please click on the link.

<https://www.cafccfoundation.org/>

If you need further assistance, please contact Amanda Atencio

Open Your Own Child Care Program



- Do you have a passion for teaching and supporting the healthy development of infants, toddlers, and young children?
- Are you interested in working from the convenience of your home?
- Do you want to start your own business?
- Would you like to teach preschool at YOUR site for the new Universal Preschool (UPK) program

We have a rewarding career opportunity for you!

The Early Childhood Council of the San Luis Valley can share how to become a licensed family child care home provider.

We will cover the steps in the process, cash incentives, grants, UPK and other key points for licensing. Contact us if you are interested using the information below!



**Ready to get started?
Scan the QR code or email Amanda
at ecresource@eccslv.org**



 **Wonderschool**

Child Care Construction Guidebook Overview

The CDEC is pleased to share child care construction guides that are available on the [CDEC website](#). The purpose of the Child Care Construction Guidebooks is to inform and assist in navigating the many layers of construction projects as they relate to building and or expanding child care. Family child care

home and center based providers as well as those considering constructing a child care facility will benefit from these reference guides. Thrive Community Building, the TA Vendor who created these guides is offering a virtual overview opportunity of these guides on:

- July 16, 11:00am - 12:00pm
- August 13, 1:00pm - 2:00pm
- September 24, 2:00pm - 3:00pm

The same information will be shared at all the overviews. To register to attend any of these virtual overviews click [here](#).

New Colorado Child Care Assistance Program (CCAP) Rules in July

Colorado is changing their rules for families and providers. Please click the link to find out more information on how these changes may affect you and your family.

<https://www.coloradoecea.org/post/new-ccap-rules-going-to-july-rac>

Early Head Start Free Quality Child Care Services

NOW ACCEPTING APPLICATIONS
for Rio Grande County and Center, CO!

Now accepting applications for Early Head Start! Click the link below to complete the interest form.

Click [Here](#) for interest form.

Early Head Startx
Free Quality Child Care Services!
Birth to 3

Expectant Families and Teen Parents

- Child Care 28+ hours per week
 - Year-Round Program
 - Family Services
 - Education Services
 - Health Services
 - Nutrition Services
 - Disabilities Services
 - Community Resources

Families with children with special needs are encouraged to apply
Military families encouraged to apply
We do not provide daily transportation to & from the center. However, we may be able to provide transportation in certain circumstances in conjunction with other community agencies.

Begin Application Here

Contact us Today!
(719) 937-4010
401 Santa Fe Ave
Alamosa, CO 81101

Service Areas:
Saguache
Costilla
Alamosa
Rio Grande

Coaching

Registration is Open!

Attention: Calling all Early Childhood Infant and Toddler Care Professionals!

The Early Childhood Council SLV EQIT Team is excited to announce registration for the Fall 2024 Expanding Quality in Infant Toddler Care Course is now open.

You can complete registration by accessing your PDIS account and searching for EQIT SLV.

The Expanding Quality in Infant Toddler Care (EQIT) 48-hour course of training is designed for individuals, specifically, early childhood teachers, center directors, and the specialized family childcare licenses, who currently work with or plan to work with infants and toddlers and are interested in improving knowledge and skills.

See the flyer and course schedule for more details.

Click [here](#) for EQIT Informational Flyer

Click [here](#) or EQIT Fall Schedule

Professional Development

PDIS

Did you know you can find professional development programs & scholarships when you login to your PDIS account? All you have to do is click on the RESOURCES tab at the top of the page, then under the drop-down menu you will click on programs & scholarships. This is available to **ALL PDIS** users. If you need any PD support please reach out to Denise Benavides at pd@eccslv.org.

*ECCSLV SCHOLARSHIP

*We still have funds to support you with your education. Please click on the following link to access an application, or email Denise Benavides at pd@eccslv.org .

<https://eccslv.org/scholarship-application/>

ECCLA

Join ECCLA for the Director's Toolbox Workshop focused on recruitment and retention strategies in early childhood programs July 16th & 17th! Click on the following link for more information:

<https://mailchi.mp/6b407aa0a414/fcchispring2024-13692492?e=b7512943aa>

What You'll Gain:

- Practical tools and strategies to enhance your leadership skills
- Insights into creating a positive and productive work environment
- Techniques for effective staff recruitment, training, and retention
- Networking opportunities with other professionals in the field

Colorado Shines PDIS Trainings

Upcoming Live Virtual and In-Person Training Events

Following are upcoming virtual and in-person instructor-led training events recognized through the [Colorado Shines Training Alignment Process \(TAP\)](#). Certificates will be available through your Colorado Shines PDIS account after the training events except where noted.

Important registration information, please read:

- Notifications for PDIS registered training sessions will be sent to the email address you have on file in the My Account>Profile Settings area of your PDIS account. Check your email address **before** requesting registration. Contact PDIS Help Desk (cdec_pdishelp@state.co.us or 1.844.447.4441) **before** requesting registration if you need to change your email address.

Make sure your mail settings allow for emails from cdec_pdishelp@state.co.us. You should receive an email from PDIS within 30 minutes or less after requesting registration. If you do not receive an email, check your email spam/junk folder then change your settings to allow emails from PDIS. You may search the internet to learn how to change your email settings.

https://docs.google.com/document/d/1xCm6cstUQC3IXqkXYco24ThtEL3_IQwTIPTi5mMPTPc/edit?usp=sharing

[Calming Terrific Toddlers: Evidence-Based Strategies That Reduce Aggression and Promote Self-Regulation](#)

October 24, 2024 | 2 PM Eastern Time

FREE

Despite the best efforts of early childhood educators, some older infants and toddlers naturally hit, bite, and otherwise display aggressive behaviors. These common tiny-tot behaviors challenge caregivers and parents and are among the biggest stressors they encounter. Because it is so complicated to understand what drives toddler behavior

and redirect it, it's hard to know what to do to support them in learning self-regulation.

Join toddler expert [Raelene Ostberg, M.Ed.](#) Director of Thriving Together and author of the Taming Those Terrific Toddler Webinar Series, to learn and apply a four-step "HELP" model to transform unwanted behaviors and support toddlers' prosocial development.

[Learn more>>](#)

[Raelene Ostberg, M.Ed.](#)

National Keynote Speaker

Curriculum Specialist

Published Writer

Trainer, Coach and Mentor

Thriving Together, LLC

2024 webinars at a glance!

[Using Everyday Conversations to Nurturing Play and Creativity in Young Children, by Rebecca Rolland, Ed.D.](#)

August 7, 2024

2PM Eastern Time | Recorded

[**REGISTER NOW**](#)

[A Calm Brain is a Thinking Brain: Designing calm, engaging early learning environments, by Dr. Kathryn Murray](#)

August 8, 2024

[**REGISTER NOW**](#)

[The Power of Leadership: Transform Yourself to Transform Your Team, by Ben Poswalk](#)

August 14, 2024

2PM Eastern Time | Recorded

[**REGISTER NOW**](#)

[Getting and Keeping Insurance for Your Early Childhood Program, by Samantha Phillips](#)

August 15, 2024

2PM Eastern Time | Recorded

[**REGISTER NOW**](#)

[Nurturing Transitions: Supporting Children and Families in the new school year, by Amanda Higgins and Sharon Carlson](#)

September 11, 2024

2PM Eastern Time | Recorded

[REGISTER NOW](#)

[Large Physical Art Activities for Energy Release to Calm Squirming Bodies and Minds,](#)
[by Anna Reyner, MA, ATR, LMFT](#)

September 18, 2024

2PM Eastern Time | Recorded

[REGISTER NOW](#)

>>>NEW<<<

[Entrepreneurial Processes That Optimize Your Program's Operations, Lauren M. Small](#)

September 26, 2024

2PM Eastern Time | Recorded

[REGISTER NOW](#)

[Rethinking Relationships and Bias in Early Childhood, by Olga Lacayo and Eliana Elias](#)

October 17, 2024

2PM Eastern Time | Recorded

[REGISTER NOW](#)

>>>NEW<<<

[Calming Terrific Toddlers: Evidence-Based Strategies That Reduce Aggression and Promote Self-Regulation, by Raelene Ostberg, M.Ed.](#)

October 24, 2024

[REGISTER NOW](#)

[Beyond the Shelves and Manipulatives: Learning Environments That Nurture Young Children, by Berna Artis, MA. Ed.](#)

October 30, 2024

2PM Eastern Time | Recorded

[REGISTER NOW](#)

[Building a Financial Framework for Your ECE Program's Future, by Kathy Ligon](#)

November 6, 2024

2PM Eastern Time | Recorded

[REGISTER NOW](#)

[The Happiest Preschool: The Transformation and Future of Early Childhood Education,](#)
[by Martha Heineman Pieper and Kelly Perez](#)

November 7, 2024

2PM Eastern Time | Recorded

[REGISTER NOW](#)

>>>NEW<<<

[Evidence-Based Protocols for Effective Staff Supervision in Early Childhood, by Ashley Varouhas, M.A.](#)

November 14, 2024

2PM Eastern Time | Recorded

[REGISTER NOW](#)

>>>NEW<<<

[Teaching Critical Thinking About TV, Videos, Online Games, and Apps in Early Childhood, by Faith Rogow, Ph.D.](#)

December 4, 2024

2PM Eastern Time | Recorded

[REGISTER NOW](#)

Additional financial support is provided by our Ultimate Sponsor,
[Procare Solutions.](#)



FREE CERTIFICATES

How to get your FREE Certificate

If you attend the live webinar and stay from the very beginning to the very end, you will receive the OFFICIAL certificate **by email**.

IF YOU ARRIVE LATE TO THE LIVE WEBINAR OR WATCH THE RECORDING you will download the blank certificate by following the link announced at the end of every webinar.

Devereux Center for Resilient Children

Devereux promotes social and emotional development and fostering resilience. Please click on the following link to learn more about the trainings they offer. They have trainings such as:

Promoting Social-Emotional Development with the Devereux Early Childhood Assessment (DECA) Program

<https://centerforresilientchildren.org/>

Center for Resilient Children | Promoting Resilience

The Center for Resilient Children's mission is to promote resilience in children. Learn more about preventing challenging behaviors in children today!

centerforresilientchildren.org

Upcoming Professional Development

For more, visit our [Virtual Trainings Schedule](#) and our [Free Webinars Schedule](#).

August 5, 7, and 9, 2024

1 p.m.-2:30 p.m. ET each day

Promote Social-Emotional Development with the Devereux Early Childhood Assessment (DECA) Program

Learn how the Devereux Early Childhood Assessment (DECA) Program can support you in promoting the social and emotional development of young children (infants, toddlers, preschoolers), and enhance the overall quality of your early childhood program.

Individual: \$229/person

Group of 2-3: \$209/person

Group of 4 or more: \$189/person

August 20, 2024

1 p.m.-2 p.m. ET

Take Care of You, Take On Challenging Behaviors

In this webinar, you will learn how the four steps of the successful child strategy called FLIP IT (Feelings, Limits, Inquiries, Prompts) can work for YOU! By exploring your own Feelings, Limits, Inquiries, and Prompts, you can build your own resilience and be better prepared to FLIP the script on challenging behavior with children.

FREE

September 3, 10, 17, 24, October 1 and 8, 2024

12 p.m.-2 p.m. ET each day

Transforming Challenging Behavior: FLIP IT Train-the-Trainer Course

Learn how to train and support others on the FLIP IT strategy, a simple four-step process for transforming challenging behavior in young children, ages 3-8.

Early Bird: \$599/person (if registered by 8/4/2024)

Standard: \$659/person

September 4, 11, 18, 25, October 2 and 9, 2024

12 p.m.-2 p.m. ET

Promoting Adult Resilience: Building Your Bounce Train-the-Trainer Course

Learn how to train others on the important topic of adult resilience and its impact on the young children in our lives.

Early Bird: \$599/person (if registered by 8/5/2024)

Standard: \$659/person

COMMUNITY JOB BOARD!

APPLY NOW! **Open Positions:**

- Center Head Start - **Director, Education Manager and Family Services Manager**
- Reach out and Read Colorado - **Regional Coordinator**
- Sargent Early Learning Center - **Lead teacher (Fall of 2024)**

For more information:

**SEE DETAILS BELOW WITH
LINKS FOR EACH JOB VACANCY**

Center Head Start

Director:

The Director works to support the mission and values of the Head Start while providing a high quality educational experience for all of our families and students.

Qualifications include ability to work collaboratively with families and staff, planning and organizing, strong problem solving skills, time management, patience, and strong leadership and interpersonal skills. Any applicant must have, at a minimum, a baccalaureate degree and experience in supervision of staff, fiscal management, and administration. Responsibilities include, but are not limited to, review and assess curricular needs, collaborate with parents, maintain effective record keeping of laws, policies, regulations, fiscal needs, and child and employee files.

In order to submit an application, please visit our website, email your application to amasterson@centurytel.net or apply in person at our office: 301 E Third Street in Center.

Education Manager:

Center Head Start is searching for an Education Manager. Applicants must have a Bachelor's degree in Early Childhood Education or equivalent, experience working with diverse children and families, knowledge of Early Childhood development and ECE reports. Highly advised that applicants have good communication skills, leadership skills and ability to plan and problem solve. Applications can be picked up the Center Head Start Office or on the website. Questions please call the office at [719-759-9259](tel:719-759-9259).

Family Services Manager:

Center Head Start is looking for a highly motivated Family Services Manager. Applicants must have strong interpersonal and communication skills. Required to have a degree, certificate or credential in social work, human services, family services, or counseling related field at hire or within 18 months of hire. This position works closely with our families to help them reach their goals and create community partnerships. Highly preferable if bilingual (English/Spanish). Applications can be picked up the Center Head Start Office or on the website. Questions please call the office at [719-759-9259](tel:719-759-9259).

Reach Out and Read Colorado

Regional Coordinator:

Reach Out and Read Colorado is in the process of hiring a part-time, remote Regional Coordinator in Southern Colorado. This position is just 5-8 hours per week for someone living in Southern Colorado. Please click on the link below for more details.

Job details: <https://reachoutandreadco.org/hiring/>

Sargent Early Learning Center

Lead Teacher:

Is hiring for a Lead Teacher beginning in the fall of 2024. Lead Teacher salary begins at \$22,000 per year depending on experience and PDIS level.

The lead teacher must hold a minimum of a level 2 in PDIS and must have the ability to be flexible, open to learning, and to take on new tasks/problems as they occur. He/she must also be able to pass the CBI/FBI/TRAILS background checks.

Benefits include paid holidays, sick pay, vacation time, and a simple IRA.

Learn more about the SELC at

<https://sargentearlylearning.wixsite.com/selc/programs>.

To apply, please send a letter of interest and resume to sargentearlylearningcenter@gmail.com.

Position open until filled.

Do you have something you would like to share in our newsletter?

If individuals and organizations in the community want to share relevant information through this email list, ECCSLV will do their best to include the information in the next available e-newsletter.

ECCSLV considers requests based on relevance, capacity, and

timeliness. We do not guarantee that all information will be shared.

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newsletter!

Click on the social media links below to follow us on all platforms!

We post regularly to our social media accounts regarding events and important last minute information that is usually not included in our bi-weekly newsletters.

Be sure you are subscribed so you don't miss out!



Early Childhood Council | 401 Santa Fe Avenue | Alamosa, CO 81101 US

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